



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FRIENDSHIPS AND FIRST DOWNS

## YOUTH SPRING FLAG FOOTBALL HEART OF THE VALLEY YMCA

This league will give the kids in 4K through 6th grade the opportunity to play and learn flag football. All players participate in every game. The element of fun, fitness, skill development, fair play and family involving are emphasized. Each week they will have a short practice followed by a game. The goal of the YMCA is to provide participants a great place to learn flag football while having fun.



### REGISTRATION DEADLINE: April 2

|                     |      |
|---------------------|------|
| YMCA Family Members | \$12 |
| YMCA Youth Members  | \$36 |
| General Public      | \$53 |



After April 2, registrations will only be taken if space is still available, a jersey is not guaranteed, and a \$10 late fee is added to the program fee.

### LEAGUE DATES

April 21- June 2

In our 6 week program, teams will have a short practice followed by a game on Saturdays at the Heart of the Valley YMCA.

**NO game on May 26.**

### COACHES NEEDED

Parent volunteer coaches play a big role in making our programs successful. If you would like to help coach your child's team, please check "YES" when you are asked the question during registration.

**Register at our Member Service Desk or Online**

<http://www.ymcafoxcities.org/ymca/registration/registrationlinks.asp>