



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Back by popular demand!
RELAY DIVISION (ages 16+)

PUSH YOUR LIMITS

Saturday, July 15, 2017

HELD AT HAHN-A-LULA RESORT, FREMONT

Check In: 7:00-7:45 AM • Race Begins: 8:00 AM

DIVISIONS: Ages 10-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60+
Ages 10-13 must be accompanied by an adult.

DISTANCE: 1st Swim - 1/8 mile, 2nd Bike - 11.2 miles, Last Run - 2 miles

AWARDS: Top 2 places in age category for male and female.
Overall male and female top finisher.

FEES: \$42/Triathlete until July 1; \$52 from July 2-8
\$85/Relay Team until July 1; \$95 from July 2-8 (Relay Teams = 2 or 3 participants)
Includes: T-shirt, swim cap, medal and post race food and beverages.

Registration closed after July 8.

BICYCLE HELMETS & SWIM CAPS MANDATORY.

PARTICIPANTS CAN REGISTER ONLINE AT YMCAFOXCITIES.ORG.

**For more information contact: Randy Pelishek at
920.886.2104 or rpelishek@ymcafoxcities.org.**



Fremont Triathlon

