



DANCE

Fall Registration Dates!

Y Members – July 6, 2026

General Public – July 9, 2026

STAFF CONTACTS

FWY/ACY - Megan Stine, Dance Coordinator P 560.3410 E mstine@ymcafoxcities.org

NMY/HVY/APY/OGY - Maeghan Johnson, Arts & Humanities Director P 886.2138 E mjohnson@ymcafoxcities.org

NMY/HVY/APY/OGY - Angela Larsen, Arts and Humanities Coordinator P 886.2106 E alarsen@ymcafoxcities.org

NMY/HVY/APY/OGY - Abbie Dench, Arts and Humanities Specialist P 560.3737 E adench@ymcafoxcities.org

INSPIRE DANCE STUDIO CLASSES

Fall Registration Dates!

Y Members – July 6, 2026

General Public – July 9, 2026

FOX WEST YMCA & APPLE CREEK YMCA

FWY/ACY - Megan Stine, Dance Coordinator P 560.3410 E mstine@ymcafoxcities.org

Inspire Dance Studio is a recital program which begins each September and runs until April, ending the season with a professional recital for all dancers. Each IDS instructor has extensive dance training and multiple years of teaching experience, as well as maintaining a continuing dance education. IDS offers progressive dance training, where dancers can grow their experience and knowledge each year.

Registration: Registration will begin Monday, July 6 at the Fox West Y front desk or online at www.ymcafoxcities.org. Classes begin the week of **September 14, 2026**. More information regarding dress code, student calendar, shoe requirements and more will go out in August. Please include your current email address at registration.

Class Tuition: Tuition fees can be paid in full at the time of registration or bank drafted into 8 monthly payments.

Recital Costume: A non-refundable costume fee of \$75 must be paid at the time of registration for each regular recital class. Combo classes will have a separate costume fee listed in the class description. This costume will be worn for our spring recital performance (not for class each week). Parents will receive recital information in spring with more details regarding the performance.

Class placement: Inspire Dance Studio program offers ages next to classes as a *guide* in our progressive dance levels. However, some students may fall outside the ages listed. If you have questions or need guidance on levels, please contact Megan Stine at Mstine@ymcafoxcities.org.

Our ballet program is a progressive program which builds proper technique, muscle memory, balance, and coordination. Each level is designed for a dancer to develop in for 2-4 years. Each dancer will progress to the next level at the teachers' discretion. Each level will wear a specific leotard color to help the instructor see and correct alignment. See class description for leotard color requirements outlined in the class description. If a student is enrolled at a level not appropriate for their skill level, IDS has the right to move that student to the correct class placement.

**DANCE SESSION: PRESCHOOL AND YOUTH DANCE CLASSES (FULL SESSION + RECITAL)
SEPTEMBER 14, 2026 - APRIL 2027**

TINY TOTS (AGES 2-3 YEARS) (FWY)

An introduction to dance that includes coordination, rhythm, creative movement, and musicality education in a fun atmosphere! Dancers will need a leotard and pink ballet shoes (boys will wear black ballet shoes).

TAP & BALLET COMBO (AGES 4-5 YEARS) (FWY)

An introduction to dance! A great class exposing dancers to both Ballet and Tap! Age-appropriate advancement in ballet skills including basic technique and terminology. Age-appropriate advancement in tap skills and combinations including heel steps, toe steps, shuffles, and flaps. Pink leather ballet and black tap shoes are required. Leotard preferred (any color) and hair pulled back neatly. *Please note our 45- minute T/B class will have an \$85 costume fee for the season and will perform in two dances in the recital.

TAP & JAZZ COMBO (AGES 4-5 YEARS, AGES 6-7 YEARS) (FWY)

A combo of both tap and jazz dance! Age-appropriate advancement in ballet skills including basic technique and terminology. Age-appropriate advancement in tap skills and combinations including heel steps, toe steps, shuffles, flaps and more. Dancers will also learn jazz technique and work flexibility and strength. Black tap shoes and tan jazz shoes are required. Leotard preferred (any color) and hair pulled back neatly.

JAZZ (AGES 5-7 YEARS) (FWY)

A beginning introduction to jazz dance! Dancers will dive into an upbeat class that also introduces rhythm, coordination, and basic technique. Turn, leap and jump your way into jazz! Leotard (any color) or equivalent and tan jazz shoes required.

JAZZ & LYRICAL COMBO (AGES 5-7 YEARS) (FWY)

Feel the rhythm! Specifically designed for dancers to explore both the upbeat, high-energy genre of jazz, and the smooth, graceful style of lyrical. Dancers will need to wear a leotard and tan jazz shoes with hair pulled back neatly. *This class will have a costume fee of \$85 and will perform two dances in recital*

TAP/JAZZ COMBO (AGES 6-7 YEARS) (FWY)

A combo of both tap and jazz dance! Age-appropriate advancement in ballet skills including basic technique and terminology. Age-appropriate advancement in tap skills and combinations including heel steps, toe steps, shuffles, flaps and more. Dancers will also learn jazz technique and work flexibility and strength. Black tap shoes and tan jazz shoes are required. Leotard preferred (any color) and hair pulled back neatly.

BALLET 1 (AGES 6-8 YEARS) (FWY)

The essentials of ballet. Dancers will learn the basic positions, tendus, plies, and begin center and across the floor combinations. No previous experience required. Dancers will need to wear a LIGHT PINK leotard, tights, ballet shoes with hair in a bun.

TAP 1 (AGES 6-8 YEARS) (FWY)

A fun rhythm class for beginners or dancers with limited experience. Class will incorporate shuffles, flaps, cramp rolls, and more! Leotard or equivalent and black tap shoes required. Hair must be pulled neatly back.

JAZZ & LYRICAL 1 (AGES 7-9 YEARS) (FWY)

Feel the rhythm! Specifically designed for dancers to explore both the upbeat, high-energy genre of jazz, and the smooth, graceful style of lyrical. Dancers will need to wear a leotard and tan jazz shoes with hair pulled back neatly. *This class will have a costume fee of \$85 and will perform two dances in recital*

LYRICAL 1 & 2 (AGES 7-9 YEARS, AGES 9-13 YEARS) (FWY)

One of our most popular classes! Dancers will learn lyrical technique including leaps, turns and more. A full body warmup, followed by center and across the floor combinations will follow. It is recommended that this class be an addition to a current ballet class. Dancers will wear leotards of any color and turners (pirouettes) for shoes.

POMS 1 & 2 (AGES 7-9 YEARS, AGES 9-13 YEARS) (FWY)

This high-energy class will incorporate the use of poms and will work on jazz and pom skills across and center floor. Jumps and turning technique will also be explored. Leotard or equivalent and clean tan jazz shoes required; hair pulled neatly back.

JAZZ 1 (AGES 7-10 YEARS) (FWY)

The basics of Jazz for dancers who want to stretch, turn, and leap! Fun, energetic music while incorporating proper control and technique. Leotard or equivalent and tan jazz shoes required; hair must be pulled back neatly.

BALLET 2 (AGES 7-12 YEARS) (FWY)

For dancers who have ballet experience and have completed level 1. Dancers will learn barre work including tendus, plies, degages, and build on center and across the floor combinations. Dancers will need to wear a LAVENDER (light purple) leotard, pink ballet tights, ballet shoes and hair in a bun.

TAP 2 (AGES 8-11 YEARS) (FWY)

A class for dancers with tap experience. This class will learn tap skills and terminology including age-appropriate advancement of skills including maxi fords, cramp rolls, flaps, tap progressions and more. Leotard or equivalent and lace up black tap shoes required.

HIP HOP (AGES 8-12 YEARS) (FWY)

This high-energy class is perfect for dancers to build confidence, musicality, and style! Students learn the fundamentals of hip hop, including footwork and grooves while improving coordination and performing skills. Fun for all- boys and girls welcome! Clean sneakers or jazz shoes and athletic clothing are required.

JAZZ 2 (AGES 9-12 YEARS) (FWY)

For dancers looking for an upbeat energetic class! Building techniques in stretching, flexibility, turns, leaps and jumps. Fun, energetic music while incorporating proper control and technique. Leotard or equivalent and tan jazz shoes required; hair must be pulled back neatly.

BALLET 3 (AGES 9-16 YEARS) (FWY)

For dancers who have ballet experience and have completed level 2. Dancers will build on technique work including barre, center and across the floor combinations. Dancers will build skills including timing and musicality and be exposed to classic repertoire. Dancers will need to wear a DARK PURPLE leotard, pink ballet tights, pink ballet shoes and hair in a bun.

JAZZ & LYRICAL 3 (AGES 10-15 YEARS) (FWY)

For dancers who have at least three progressive years of jazz and/or lyrical experience, building technique and flexibility while working on multiple turns, a variety of intermediate leaps and so much more. Both center and across the floor progressions will be taught. Leotard or equivalent and tan jazz shoes required; hair must be pulled back neatly. *This class will require a \$125 costume fee and will perform 2 dances in the recital*

MODERN & IMPROV (AGES 11-14 YEARS) (FWY)

Explore movement in this creative and expressive dance class! This class will incorporate the fundamentals of modern dance while encouraging dancers to discover their own unique movement style. Dancers will work on balance, strength, texture, floor work and more through guided movement. This class will help built musicality, artistry and self-expression. Dancers need to wear footless tights and leotard, and will dance in bare feet.

BALLET 4 (AGES 11-18 YEARS) (FWY)

For dancers who have completed level 3 and have instructor guidance to move to level 4. Dancers will continue to refine technique with new barre work, center and across the floor combinations with emphasis on balance and placement. Dancers will need to wear a NAVY leotard, pink ballet tights, ballet shoes and hair in a bun.

BALLET 5 & POINTE (AGES 14-18 YEARS) (FWY)

For dancers who have completed levels 4 and/or 5 and have instructor approval to move to Pointe. Dancers will build strength while increasing foot strength and overall flexibility. Dancers will begin with classic barre work and combinations. Dancers will need to wear a BLACK leotard, pink convertible tights, and hair in a bun. Leather ballet shoes required, as well as pointe shoes.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Tiny Tots	FWY	2-3 years	M	4:15 PM	4:45 PM	\$274	\$368
Tiny Tots	FWY	2-3 years	W	5:45 PM	6:15 PM	\$274	\$368
Tap & Ballet Combo	FWY	4-5 years	M	4:50 PM	5:35 PM	\$394	\$510
Tap & Ballet Combo	FWY	4-5 years	T	4:15 PM	4:45 PM	\$274	\$368
Tap & Jazz Combo	FWY	4-5 years	W	4:15 PM	4:45 PM	\$274	\$368
Jazz	FWY	5-7 years	T	5:00 PM	5:45 PM	\$394	\$510
Jazz & Lyrical Combo	FWY	5-7 years	W	4:50 PM	5:35 PM	\$394	\$510
Tap & Jazz Combo	FWY	6-7 years	M	5:45 PM	6:30 PM	\$394	\$510
Ballet 1	FWY	6-8 years	M	4:45 PM	5:15 PM	\$274	\$368
Tap 1	FWY	6-8 years	M	4:15 PM	4:45 PM	\$274	\$368
Jazz & Lyrical 1	FWY	7-9 years	W	5:35 PM	6:20 PM	\$394	\$510
Poms 1	FWY	7-9 years	W	4:15 PM	4:45 PM	\$274	\$368
Jazz 1	FWY	7-10 years	TH	6:15 PM	7:00 PM	\$394	\$510
Ballet 2	FWY	7-12 years	M	6:45 PM	7:30 PM	\$394	\$510
Ballet 2	FWY	7-12 years	T	6:30 PM	7:15 PM	\$394	\$510
Tap 2	FWY	8-11 years	W	5:00 PM	5:45 PM	\$394	\$510
Hip Hop	FWY	8-12 years	M	6:00 PM	6:45 PM	\$394	\$510
Hip Hop	FWY	8-12 years	TH	5:45 PM	6:15 PM	\$274	\$368
Jazz 2	FWY	9-12 years	W	5:35 PM	6:20 PM	\$394	\$510
Poms 2	FWY	9-13 years	W	6:20 PM	7:05 PM	\$394	\$510
Lyrical 2	FWY	9-13 years	W	7:10 PM	7:55 PM	\$394	\$510
Ballet 3	FWY	9-16 years	T	7:15 PM	8:00 PM	\$394	\$510
Jazz & Lyrical 3 Combo	FWY	10-15 years	M	6:30 PM	7:45 PM	\$394	\$510

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Modern & Improv	FWY	11-14 years	T	7:15 PM	8:00 PM	\$394	\$510
Ballet 4	FWY	11-18 years	T	5:45 PM	6:30 PM	\$394	\$510
Ballet 5/Pointe	FWY	14-18 years	T	8:00 PM	9:00 PM	\$536	\$744

APPLE CREEK YMCA PRESCHOOL AND YOUTH CLASSES

**DANCE SESSION: PRESCHOOL AND YOUTH DANCE CLASSES (FULL SESSION + RECITAL)
SEPTEMBER 14, 2026 - APRIL, 2027**

TINY TOTS (AGES 2-3 YEARS) (ACY)

An introduction to dance that includes coordination, rhythm, creative movement, and musicality education in a fun atmosphere! Dancers will need a leotard and pink ballet shoes (boys will wear black ballet shoes).

JAZZ & LYRICAL COMBO (AGES 4-5 YEARS) (ACY)

Feel the rhythm! Specifically designed for dancers to explore both the upbeat, high-energy genre of jazz, and the smooth, graceful style of lyrical. Dancers will need to wear a leotard and tan jazz shoes with hair pulled back neatly. *This class will have a costume fee of \$85 and will perform two dances in recital*

JAZZ (AGES 6-9 YEARS) (FWY)

A beginning introduction to jazz dance! A fun, upbeat class that also introduces rhythm, coordination, and basic technique. Leotard (any color) or equivalent and tan jazz shoes required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Tiny Tots	ACY	2-3 years	M	4:15 PM	4:45 PM	\$274	\$368
Jazz & Lyrical Combo	ACY	4-5 years	M	4:45 PM	5:30 PM	\$394	\$510
Jazz	ACY	6-9 years	M	5:30 PM	6:15 PM	\$394	\$510

INSPIRE DANCE STUDIO COMPETITIVE TEAMS FOX WEST YMCA DANCE

IDS held their auditions for the 2026-2027 season in May. Dancers who auditioned were placed on teams, as well as Individual Performances as a result of that audition.

*Price is subject to change based on fees set by competition production companies. Any adjustments will be communicated prior to final billing.

For more information on our competitive teams please email Megan Stine at Mstine@ymcafoxcities.org.

STUDIO Y DANCE PROGRAM
Fall Registration Dates!
Y Members – July 6, 2026
General Public – July 9, 2026

APPLETON, HEART OF THE VALLEY, NEENAH-MENASHA, and OGDEN YMCA

NMY/HVY/APY/OGY - Maeghan Johnson, Arts & Humanities Director P 886.2138 E mjohnson@ymcafoxcities.org

NMY/HVY/APY/OGY – Angela Larsen, Arts and Humanities Coordinator P 886.2106 E alarsen@ymcafoxcities.org

NMY/HVY/APY/OGY – Abbie Dench, Arts and Humanities Specialist P 560.3737 E adench@ymcafoxcities.org

The Studio Y Dance Program offers dance classes for ages 18 months-adult. The Studio Y dance program encourages the technical progression of dancers and provides consistent and knowledgeable instruction at each level of development. All sites offer recital classes, competition teams at the Neenah-Menasha and Heart of the Valley Y's, spring, and summer programs. The Studio Y program offers quality instruction with a maximum of 8-12 students in a class.

Recital Costume (33-week Program): \$75 non-refundable costume fee must be paid at the time of registration.

Class placement: The Studio Y program offers ages next to classes as a guide in our progressive dance levels. If you have questions on where your child should be placed by level please contact Maeghan Johnson, Arts & Humanities Director P 886.2138 E mjohnson@ymcafoxcities.org or

Payment Policy: 7-week classes will be paid in full at the time of registration. All 14-week and 30-week classes are paid monthly and will automatically draft on the 15th of every month for the entirety of the session. Please reach out to the program administrators if you are interested in a full-pay option.

STUDIO Y 2027 DANCE RECITAL

Saturday, May 22, 2027

Fox Cities Performing Arts Center

All Competition Teams, 33-week classes and 19-week classes (Jan-May session) will participate in the annual dance recital.

STUDIO Y DANCE COMPETITION TEAMS 2026-2027
AUDITION SUNDAY AUGUST 2, 2026 – NOON-1:30 PM
(Pre-registration is not required)

Studio Y competition teams provide students a chance to stretch their talents to the next level of dance performance. Studio Y competition teams encourage discipline, determination, self-esteem, confidence, responsibility and respect for themselves and others...all in a fun, Y mission-driven atmosphere. Competition team auditions will be held August 2 from NOON-1:30 PM. All dancers will be placed on a team. After dancers are placed on teams, their season runs September through April in a 33-week session. Dancers rehearse weekly and are encouraged to participate in technique classes. Competition team dancers participate in two mandatory regional dance competitions, and will attend nationals held in the Wisconsin Dells. Dancers also perform in the annual Studio Y Recital.

Studio Y competition teams celebrate all dancers at various levels of their training and compete in both recreational and competitive levels. Teams are set by level, past competition team experience and age group. Studio Y teams consist of solos, duets, trios and groups for students ages 6-18. Studio Y offers teams in ballet, pointe, lyrical, contemporary, tap, hip hop and jazz!

Costume Fee: \$85 due upon registration.

August registration will bank draft September-May. Registration taken after the session begins will require the \$85 costume fee and September fee due and will bank draft October-May. Fees include all classes, 2 Regional Competition Fees, 1 National Competition Fee.

Group Competition Team

Y Member - \$877 total (\$598 class fee for the year-9 monthly drafts \$69.00/month, \$256 3-competition entries draft to match event dates at \$85/\$85/\$86)

General Public - \$1,075 total (\$787 class fee for the year-9 monthly drafts \$91.00/month, \$256 3-competition entries draft to match event dates at \$85/\$85/\$86)

Duet/Trio Competition Team

Y Member - \$1,043 total (\$711 class fee for the year-9 monthly drafts \$79.00/month, \$332 3-competition entries draft to match event dates at \$107/\$107/\$118)

General Public - \$1,241 total (\$909 class fee for the year/9 monthly drafts \$101.00/month, \$332 3-competition entries draft to match event dates at \$107/\$107/\$118)

Solo Competition Team

Y Member - \$1,277 total (\$738 class fee for the year/9 monthly drafts \$82.00/month, \$539-competition entries draft to match event dates at \$176/\$176/\$187)

General Public - \$1,475 total (\$936 class fee for the year/9 monthly drafts \$104.00/month, \$539-competition entries draft to match event dates at \$176/\$176/\$187)

*Price is subject to change based on fees set by competition production companies. Any adjustments will be communicated prior to final billing.

APPLETON YMCA PRESCHOOL AND YOUTH CLASSES New Fall Registration Dates! Y Members – July 6, 2026 General Public – July 9, 2026

14-WEEK DANCE CLASSES

SESSION 1: SEPTEMBER 7-DECEMBER 20, 2026

(NO CLASSES SEPTEMBER 7, MONDAY CLASSES ARE PRORATED)

(NO CLASSES NOVEMBER 23-29)

MOST 14-WEEK DANCE CLASSES WILL REMAIN SAME DAY/TIME, JAN-MAY 2027 FOR 16-WEEK RECITAL SESSION

**FEES SHOWN WILL BE DIVIDED AND DRAFTED AT A MONTHLY RATE
(PLEASE SEE PAYMENT POLICY)**

PRE-DANCE I (AGES 3-4 YEARS) (APY)

The perfect class for new little dancers! This beginning class includes Ballet basics, beginning dance combinations, rhythm, and coordination skills. Ballet shoes are required.

PRE-DANCE II (AGES 4-5 YEARS) (APY)

A great class for dancers ready for more! The class begins with ballet stretches, positions and beginning ballet steps. Then, it swings into fun tap steps and across the floor work to keep them moving! Ballet and Tap shoes are required.

BALLET & TAP (AGES 5-8 YEARS) (APY)

This great class offers the best of both worlds! The class begins with ballet barre work, center combinations, leap and more. Then, it's time to shuffle, ball change, scuff, hop and step across the floor in an invigorating tap segment. Ballet slippers and Tap shoes are required.

HIP HOP & JAZZ (AGES 5-8 YEARS (APY))

This class offers fun street hip hop steps, basic break dance tricks and includes turns, leaps, and combinations of a jazz technique class. Fun for all! Boys and girls welcome! Clean sneakers or jazz shoes are required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Pre-Dance I	APY	3-4 years	SAT	10:00 AM	10:30 AM	\$132	\$178
Pre-Dance II	APY	4-5 years	SAT	10:35 AM	11:05 AM	\$132	\$178
Ballet & Tap	APY	5-8 years	SAT	11:45 PM	12:30 PM	\$191	\$246
Hip Hop & Jazz	APY	5-8 years	SAT	11:10 AM	11:40 PM	\$132	\$178

HEART OF THE VALLEY YMCA PRESCHOOL CLASSES New Fall Registration Dates! Y Members – July 6, 2026 General Public – July 9, 2026

7-WEEK FALL SESSIONS

SESSION 1: SEPTEMBER 7-OCTOBER 25, 2026 (NO CLASSES SEPTEMBER 7, MONDAY CLASSES ARE PRORATED)

SESSION 2: OCTOBER 26- DECEMBER 20 (NO CLASSES NOVEMBER 23-29)

HIP HOP SKIP JUMP (AGES 18 MONTHS-3 YEARS WITH GUARDIAN)

Dance with your little one while they learn basic dance movements and gross motor skills! This is a parent/guardian and child class. Dance shoes or clean sneakers required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Hip Hop Skip Jump	HVY	18 months- 3 years w/guardian	W	10:10 AM	10:40 AM	\$59	\$86

HEART OF THE VALLEY YMCA PRESCHOOL AND YOUTH CLASSES New Fall Registration Dates! Y Members – July 6, 2026 General Public – July 9, 2026

14-WEEK DANCE CLASSES

**SESSION 1: SEPTEMBER 7-DECEMBER 20, 2026
(NO CLASSES SEPTEMBER 7, MONDAY CLASSES ARE PRORATED)
(NO CLASSES NOVEMBER 23-29)**

MOST 14-WEEK DANCE CLASSES WILL REMAIN SAME DAY/TIME, JAN-MAY 2027 FOR 16WK RECITAL SESSION

**FEES SHOWN WILL BE DIVIDED AND DRAFTED AT A MONTHLY RATE
(PLEASE SEE PAYMENT POLICY)**

PRE-DANCE I (AGES 3-4 YEARS) (HVY)

The perfect class for new little dancers! This beginning class includes Ballet basics, beginning dance combinations, rhythm, and coordination skills. Ballet shoes are required.

HIP HOP FOR PRESCHOOLERS (AGES 4-5 YEARS) (HVY)

Does your little dancer love to groove? This beginning hip hop class will introduce young boys and girls to basic hip hop steps. Set with fun and age-appropriate pop music, we will give little break-dancers a great introduction to movement and musicality.

PRE-DANCE II (AGES 4-5 YEARS) (HVY)

A great class for dancers ready for more! The class begins with ballet stretches, positions and beginning ballet steps. Then, it swings into fun tap steps and across the floor work to keep them moving! Ballet and Tap shoes are required.

BALLET/TAP (AGES 5-8 YEARS) (HVY)

This great class offers the best of both worlds! The class begins with ballet barre work, center combinations, leap and more. Then, it's time to shuffle, ball change, scuff, hop and step across the floor in an invigorating tap segment. Ballet slippers and Tap shoes are required.

HIP HOP & JAZZ (AGES 5-8 YEARS) (HVY)

This class offers fun street hip hop steps, basic break dance tricks and includes turns, leaps, and combinations of a jazz technique class. Fun for all! Boys and girls welcome! Clean sneakers or jazz shoes are required.

NEW! TOGETHER WE DANCE CLASS (AGES 5-9 YEARS, AGES 10 YEARS +) (HVY)

Looking for a dance program that delivers great value? This is a class that offers time to connect, learn a variety of dance genre steps, and most importantly, have fun with each other! Two for the price of one! Register your child and supporting adult figure to partner, play, and learn alongside their favorite dancer. Come experience the joy, teamwork, and energy of dancing together.

POMS (AGES 8-12 YEARS) (HVY)

Similar to jazz in technique, this class adds an extra spin by utilizing a fun prop! Your dancer will learn correct form, placement and terms used on Poms and Dance Teams. Poms are provided, the only attire needed are jazz shoes or dance sneakers and athletic clothing.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Pre-Dance I	HVY	3-4 years	T	4:05 PM	4:35 PM	\$132	\$178
Pre-Dance I	HVY	3-4 years	W	9:35 AM	10:05 AM	\$132	\$178
Pre-Dance I	HVY	3-4 years	SAT	9:00 AM	9:30 AM	\$132	\$178
Hip Hop for Preschoolers	HVY	4-5 years	T	4:40 PM	5:10 PM	\$132	\$178
Pre-Dance II	HVY	4-5 years	W	9:00 AM	9:30 AM	\$132	\$178
Pre-Dance II	HVY	4-5 years	W	4:30 PM	5:00 PM	\$132	\$178
Pre-Dance II	HVY	4-5 years	SAT	9:35 AM	10:05 AM	\$132	\$178
Ballet/Tap	HVY	5-8 years	SAT	10:10 AM	10:55 AM	\$191	\$246
Hip Hop & Jazz	HVY	5-8 years	T	5:15 PM	5:45 PM	\$132	\$178
Hip Hop & Jazz	HVY	5-8 years	SAT	11:00 AM	11:30 AM	\$132	\$178
Together We Dance Class	HVY	5-9 years	M	5:00 PM	5:45 PM	\$177	\$228
Poms	HVY	8-12 years	TH	4:00 PM	4:45 PM	\$191	\$246
Together We Dance Class	HVY	10 years +	M	5:50 PM	6:35 PM	\$177	\$228

33-WEEK DANCE SESSION: PRESCHOOL AND YOUTH DANCE CLASSES (FULL SESSION + RECITAL)

SEPTEMBER 7, 2026-MAY 30, 2027

(NO CLASSES SEPTEMBER 7, MONDAY CLASSES ARE PRORATED)

(NO CLASSES NOVEMBER 23-29, DECEMBER 21-JANUARY 3, MARCH 22-APRIL 4)

FEES SHOWN WILL BE DIVIDED AND DRAFT AT A MONTHLY RATE

(PLEASE SEE PAYMENT POLICY)

BALLET & TAP (AGES 5-8 YEARS) (HVY)

This great class offers the best of both worlds! The class begins with ballet barre work, center combinations, leap and more. Then, it's time to shuffle, ball change, scuff, hop and step across the floor in an invigorating tap segment. Ballet slippers and Tap shoes are required.

HIP HOP & JAZZ (AGES 5-8 YEARS, AGES 8-12 YEARS) (HVY)

This class offers fun street hip hop steps, basic break dance tricks and includes turns, leaps, and combinations of a jazz technique class. Fun for all! Boys and girls welcome! Clean sneakers or jazz shoes are required.

POMS (AGES 5-8 YEARS, AGES 8-12 YEARS) (HVY)

Similar to jazz in technique, this class adds an extra spin by utilizing a fun prop! Your dancer will learn correct form, placement and terms used on Poms and Dance Teams. Poms are provided, the only attire needed are jazz shoes or dance sneakers and athletic clothing.

LYRICAL AND CONTEMPORARY (AGES 8-12 YEARS) (HVY)

One of our most popular! Explore lyrical and contemporary ballet technique that teach dancers expressive movement. This class will work on strengthening technique, jumps, turns, floor work and exhilarating combinations that will expand training at all levels. Ballet shoes and dancewear/yoga/athletic attire are required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Ballet & Tap	HVY	5-8 years	T	5:50 PM	6:35 PM	\$450	\$580
Hip Hop & Jazz	HVY	5-8 years	W	5:40 PM	6:10 PM	\$312	\$420
Poms	HVY	5-8 years	W	5:05 PM	5:35 PM	\$312	\$420
Hip Hop & Jazz	HVY	8-12 years	T	7:30 PM	8:15 PM	\$450	\$580
Lyrical & Contemporary	HVY	8-12 years	W	6:15 PM	7:00 PM	\$450	\$580
Poms	HVY	8-12 years	T	6:40 PM	7:25 PM	\$450	\$580

NEENAH-MENASHA YMCA PRESCHOOL AND YOUTH CLASSES

PRESCHOOL CLASSES

New Fall Registration Dates!

Y Members – July 6th 6 am

General Public – July 9th 6 am

7-WEEK FALL SESSIONS

SESSION 1: SEPTEMBER 7-OCTOBER 25, 2026 (NO CLASSES SEPTEMBER 7, MONDAY CLASSES ARE PRORATED)

SESSION 2: OCTOBER 26- DECEMBER 20 (NO CLASSES NOVEMBER 23-29)

CREATIVE MOVEMENT (AGES 2-3 YEARS) (NMY)

This fun class focuses on coordination and rhythm in creative and imaginative ways. This class will engage your dancer in movement!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Creative Movement	NMY	2-3 years	TH	10:45 AM	11:15 AM	\$59	\$86

NEENAH-MENASHA YMCA PRESCHOOL AND YOUTH CLASSES

New Fall Registration Dates!

Y Members – July 6th 6 am

General Public – July 9th 6 am

14-WEEK DANCE CLASSES

SESSION 1: SEPTEMBER 7-DECEMBER 20, 2026

(NO CLASSES SEPTEMBER 7, MONDAY CLASSES ARE PRORATED)

(NO CLASSES NOVEMBER 23-29)

MOST 14-WEEK DANCE CLASSES WILL REMAIN SAME DAY/TIME, JAN-MAY 2027 FOR 16WK RECITAL SESSION

**FEES SHOWN WILL BE DIVIDED AND DRAFTED AT A MONTHLY RATE
(PLEASE SEE PAYMENT POLICY)**

PRE-DANCE I (AGES 3-4 YEARS) (NMY)

The perfect class for new little dancers! This beginning class includes Ballet basics, beginning dance combinations, rhythm, and coordination skills. Ballet shoes are required. ☐

HIP HOP FOR PRESCHOOLERS (AGES 4-5 YEARS) (NMY)

Does your little dancer love to groove? This beginning hip hop class will introduce young boys and girls to basic hip hop steps. Set with fun and age-appropriate pop music, we will give little break-dancers a great introduction to movement and musicality.

PRE-DANCE II (AGES 4-5 YEARS) (NMY)

A great class for dancers ready for more! The class begins with ballet stretches, positions and beginning ballet steps. Then, it swings into fun tap steps and across the floor work to keep them moving! Ballet and Tap shoes are required.

BALLET/BALLET TECHNIQUE (AGES 5-8 YEARS, AGES 8-12 YEARS) (NMY)

The perfect class for ballerinas in training. Learn the correct ballet positions, center work, sauté jumps, beginning turns and more! Ballet shoes are required.

BALLET & TAP (AGES 5-8 YEARS) (NMY)

This great class offers the best of both worlds! The class begins with ballet barre work, center combinations, leap and more. Then, it's time to shuffle, ball change, scuff, hop and step across the floor in an invigorating tap segment. Ballet slippers and Tap shoes are required.

HIP HOP & JAZZ (AGES 5-8 YEARS, 8-12 YEARS) (NMY)

This class offers fun street hip hop steps, basic break dance tricks and includes turns, leaps, and combinations of a jazz technique class. Fun for all! Boys and girls welcome! Clean sneakers or jazz shoes are required.

POMS/DANCE TEAM (AGES 5-8 YEARS, 8-12 YEARS) (NMY)

Similar to jazz in technique, this class adds an extra spin by utilizing a fun prop! Poms are provided, the only attire needed are jazz shoes or dance sneakers and athletic clothing.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Pre-Dance I	NMY	3-4 years	T	4:30 PM	5:00 PM	\$132	\$178
Pre-Dance I	NMY	3-4 years	TH	4:30 PM	5:00 PM	\$132	\$178
Pre-Dance I	NMY	3-4 years	SAT	9:00 AM	9:30 AM	\$132	\$178
Hip Hop for Preschoolers	NMY	4-5 years	W	4:30 PM	5:00 PM	\$132	\$178
Pre-Dance II	NMY	4-5 years	M	3:55 PM	4:25 PM	\$123	\$165
Pre-Dance II	NMY	4-5 years	SAT	9:35 AM	10:05 AM	\$132	\$178
Ballet	NMY	5-8 years	TH	5:05 PM	5:35 PM	\$132	\$178
Ballet & Tap	NMY	5-8 years	M	4:30 PM	5:15 PM	\$177	\$228
Ballet & Tap	NMY	5-8 years	SAT	10:45 AM	11:30 AM	\$191	\$246
Hip Hop & Jazz	NMY	5-8 years	W	5:05 PM	05:35 PM	\$132	\$178
Hip Hop & Jazz	NMY	5-8 years	SAT	10:10 AM	10:40 AM	\$132	\$178
Poms	NMY	5-8 years	T	5:05 PM	5:35 PM	\$132	\$178
Ballet Technique	NMY	8-12 years	M	5:20 PM	6:05 PM	\$177	\$228
Hip Hop & Jazz	NMY	8-12 years	TH	6:30 PM	7:15 PM	\$191	\$246
Poms & Dance Team	NMY	8-12 years	TH	5:40 PM	6:25 PM	\$191	\$246

33-WEEK DANCE SESSION: PRESCHOOL AND YOUTH DANCE CLASSES (FULL SESSION + RECITAL)

SEPTEMBER 7, 2026-MAY 22, 2026

RECITAL: SATURDAY, MAY 22

(NO CLASSES SEPTEMBER 7, MONDAY CLASSES ARE PRORATED)

(NO CLASSES NOVEMBER 23-29, DECEMBER 21-JANUARY 3, MARCH 22-APRIL 4)

FEES SHOWN WILL BE DIVIDED AND DRAFT AT A MONTHLY RATE

(PLEASE SEE PAYMENT POLICY)

BALLET & TAP (AGES 5-8 YEARS) (NMY)

This great class offers the best of both worlds! The class begins with ballet barre work, center combinations, leap and more. Then, it's time to shuffle, ball change, scuff, hop and step across the floor in an invigorating tap segment. Ballet slippers and Tap shoes are required.

LYRICAL AND CONTEMPORARY (AGES 5-8 YEARS, AGES 8-12 YEARS) (HMY)

One of our most popular! Explore lyrical and contemporary ballet technique that teach dancers expressive movement. This class will work on strengthening technique, jumps, turns, floor work and exhilarating combinations that will expand training at all levels. Ballet shoes and dancewear/yoga/athletic attire are required.

HIP HOP & JAZZ (AGES 8-12 YEARS) (NMY)

This class offers fun street hip hop steps, basic break dance tricks and includes turns, leaps, and combinations of a jazz technique class. Fun for all! Boys and girls welcome! Clean sneakers or jazz shoes are required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Ballet & Tap	NMY	5-8 years	W	5:40 PM	6:25 PM	\$450	\$580
Lyrical & Contemporary	NMY	5-8 years	W	6:30 PM	7:00 PM	\$312	\$420
Hip Hop & Jazz	NMY	8-12 years	W	5:00 PM	5:45 PM	\$450	\$580
Lyrical & Contemporary	NMY	8-12 years	W	5:50 PM	6:35 PM	\$450	\$580

NEENAH-MENASHA TEEN AND ADULT DANCE CLASSES

New Fall Registration Dates!

Y Members – July 6th 6 am

General Public – July 9th 6 am

14-WEEK DANCE CLASSES

SESSION 1: SEPTEMBER 7-DECEMBER 20, 2026

(NO CLASSES SEPTEMBER 7, MONDAY CLASSES ARE PRORATED)

(NO CLASSES NOVEMBER 23-29)

MOST 14-WEEK DANCE CLASSES WILL REMAIN SAME DAY/TIME, JAN-MAY 2027 FOR 16WK RECITAL SESSION

**FEES SHOWN WILL BE DIVIDED AND DRAFTED AT A MONTHLY RATE
(PLEASE SEE PAYMENT POLICY)**

BALLET (AGES 12 YEARS +) (NMY)

The Studio Y Cecchetti Ballet class offers properly instructed and demonstrated barre, center work, and combinations to strengthen your technique. This class is an absolute necessity for dancers to stretch, strengthen, and lengthen the body, improve posture and balance, and gain confidence in movement for other dance genres. Ballet shoes and dancewear/yoga/athletic attire are required.

DANCE STRETCH AND STRENGTHEN (AGES 12 YEARS +) (NMY)

This high-energy mat class is set with pop music for a fresh outlook on the Pilates Method. Traditional Pilates Method sets are paired with floor barre movements to offer deep conditioning exercises that improve flexibility, increase strength, and create long, lean muscles. With the ability to work at your own pace, you will progress toward optimal fitness.

POINTE (AGES 12 YEARS +) (NMY)

Dancers must also take the Ballet class preceding the pointe class as a requirement. Dancers should not take this class without prior ballet experience. If you have questions about this class, please contact Maeghan Johnson at 886.2138 or mjohnson@ymcafoxcities.org. Pointe shoes required.

TAP (AGES 18 YEARS +) (NMY)

This energetic class will focus on new tap steps, traveling combinations, terminology, and percussive musicality! A comprehensive tap technique class for dancers at any level of training! Tap shoes required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Ballet	NMY	12 years +	W	10:00 AM	11:30 AM	\$322	\$382
Ballet-Beginning	NMY	12 years +	T	7:35 PM	8:35 PM	\$258	\$359
Ballet-Continuing	NMY	12 years +	T	5:50 PM	6:50 PM	\$258	\$359
Dance Stretch and Strengthen	NMY	12 years +	W	11:45 AM	12:30 PM	\$191	\$246
Pointe	NMY	12 years +	T	7:00 PM	7:30 PM	\$132	\$178
Pointe	NMY	12 years +	W	12:40 PM	1:10 PM	\$132	\$178
Tap	NMY	12 years +	T	5:00 PM	5:45 PM	\$191	\$246
Tap	NMY	18 years +	M	3:00 PM	3:45 PM	\$177	\$228

OGDEN YMCA PRESCHOOL AND YOUTH CLASSES

New Fall Registration Dates!

Y Members – July 7th 6 am

General Public – July 9th 6 am

14-WEEK DANCE CLASSES

SESSION 1: SEPTEMBER 7-DECEMBER 20, 2026

(NO CLASSES SEPTEMBER 7, MONDAY CLASSES ARE PRORATED)

(NO CLASSES NOVEMBER 23-29)

MOST 14-WEEK DANCE CLASSES WILL REMAIN SAME DAY/TIME, JAN-MAY 2027 FOR 16WK RECITAL SESSION

SESSION 1: SEPTEMBER 7-DECEMBER 20, 2026 (NO CLASSES NOVEMBER 23-29)

**FEES SHOWN WILL BE DIVIDED AND DRAFTED AT A MONTHLY RATE
(PLEASE SEE PAYMENT POLICY)**

PRE-DANCE I (AGES 3-4 YEARS) (OGY)

The perfect class for new little dancers! This beginning class includes Ballet basics, beginning dance combinations, rhythm, and coordination skills. Ballet shoes are required.

BALLET (AGES 5-8 YEARS) (OGY)

The perfect class for ballerinas in training. Learn the correct ballet positions, center work, sauté jumps, beginning turns and more! Ballet shoes are required.

HIP HOP & JAZZ (AGES 5-8 YEARS) (OGY)

This class offers fun street hip hop steps, basic break dance tricks and includes turns, leaps, and combinations of a jazz technique class. Fun for all! Clean sneakers or jazz shoes are required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Pre-Dance I	OGY	3-4 years	M	6:00 PM	6:30 PM	\$123	\$165
Ballet	OGY	5-8 years	M	6:35 PM	7:05 PM	\$123	\$165
Hip Hop & Jazz	OGY	5-8 years	M	7:10 PM	7:40 PM	\$123	\$165