



Junior Tennis Program Fall 2026

August 31 – October 31 (No classes Sept 7, Sept 19)

Mon/Sat 8 weeks; Tue–Fri classes 9 weeks

*Must be a Valley Tennis Center (VTC) Member to receive member pricing for most classes

Jump Start

This program is designed to teach the fundamentals of tennis in a fun format. The kids use a modified ball, smaller rackets and a smaller court to make the game easier to learn.

Red Ball (Ages 3–6)

Day	Time	VTC Member	Y Family Member	General Public
Thursdays	1:30–2:30 PM	\$156	\$156	\$219
Fridays	3:45–4:30 PM	\$120	\$120	\$167
Saturdays	10:30–11:15 AM	\$108	\$108	\$150

Orange Ball (Ages 6–9)

Day	Time	VTC Member	Y Family Member	General Public
Tuesdays	3:45–4:30 PM	\$120	\$167	\$167
Thursdays	1:30–2:30 PM	\$156	\$156	\$156
Fridays	4:30–5:30 PM	\$156	\$219	\$219
Saturdays	10:30–11:30 AM	\$140	\$196	\$196

Green Ball (Ages 8–10)

Day	Time	VTC Member	Y Family Member	General Public
Wednesdays	5:30–6:30 PM	\$174	\$219	\$219
Thursdays	1:30–2:30 PM	\$156	\$156	\$156
Saturdays	11:30–12:30 PM	\$156	\$196	\$196

Junior Development

A program that focuses on the fundamentals of stroke production and match play in a way that makes it fun to learn the game of tennis.

Level 1

(Ages 11–14)

Day	Time	VTC Member	Y Family Member	General Public
Mondays	4:00–5:30 PM	\$228	\$228	\$288
Wednesdays	4:00–5:30 PM	\$255	\$255	\$322
Thursdays	1:30–2:30 PM	\$156	\$156	\$196

Level 2

(Ages 11–14)

Day	Time	VTC Member	Y Family Member	General Public
Mondays	4:00–5:30 PM	\$228	\$288	\$288
Saturdays	12:30–2:00 PM	\$255	\$322	\$322

Level 3 Tournament Level

(Ages 8–14)

Day	Time	VTC Member	Y Family Member	General Public
Wednesdays	4:00–5:30 PM	\$255	\$322	\$322
Saturdays	1:00–2:30 PM	\$228	\$288	\$288

High School Beginner

A program for a player who is brand new to the game tennis.

Day	Time	VTC Member	Y Family Member	General Public
Wednesdays	6:30–7:30 PM	\$174	\$174	\$219

Junior Varsity

A program for the player who is ready to take the next step in tournament tennis.

Day	Time	VTC Member	Y Family Member	General Public
Thursdays	4:30–6:00 PM	\$255	\$322	\$322
Saturdays	11:30–1:00 PM	\$228	\$288	\$288

Varsity

Designed for those players expecting to be on their respective varsity high school teams.

Day	Time	VTC Member	Y Family Member	General Public
Tuesdays	4:30–6:00 PM	\$255	\$322	\$322
Thursdays	4:30–6:00 PM	\$255	\$322	\$322

Performance Invitational

These are programs designed for the highly state ranked juniors. These players are committed to the game of tennis and are playing several times per week. By invitation only.

Day	Time	VTC Member	Y Family Member	General Public
Fridays	4:00–5:30 PM	\$32/class	\$42/class	\$42/class

Match play is a very important part of the development of a junior tennis player. In addition to other various tournaments/events we have throughout the year, here are our match play options.

Bracket Challenge

Each player will be scheduled pool play matches followed by a tournament bracket. All matches are unsupervised and scheduled by the players. There will be a Fall, Spring, and Summer session. Must join at the beginning of a session. Cost is \$15 to join and just pay court time as you play. Contact Scott Niemi at sniemi@ymcafoxcities.org to join.

Sunday Matchplay

Level	Day	Time	Cost
All	Sunday	2:00–3:30 PM	Court Time

*Sign up each week through Scott Niemi at sniemi@ymcafoxcities.org