



SPORTS

STAFF CONTACTS

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FALL 2 PROGRAM SESSION:

October 26 – December 20 (unless noted in the description)

No Classes November 23 – 29, 2026

PRESCHOOL

PARENT CHILD ALL-SPORTS (AGES 3-4 YEARS WITH PARENT) (APY, FWY, HVY)

Perfect class for first time participants! Parents join your child while learning basic fundamental skills of a new sport each week. Classes will consist of skill development, participation, development of teamwork, fun and quality time with child. Sports include: Soccer, Basketball, T-Ball, Floor Hockey, Flag Football, Volleyball, Golf, Tennis, and Playground games.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Parent Child All Sports	APY	3-4 years	M	4:30 PM	5:00 PM	\$26	\$37
Parent Child All Sports	FWY	3-4 years	W	5:20 PM	6:05 PM	\$38	\$55
Parent Child All Sports	HVY	3-4 years	M	5:00 PM	5:45 PM	\$38	\$55

YOUTH

SPORTS SAMPLER (AGES 4-6 YEARS) (FWY, NMY)

Each week participants will learn the fundamental skills of a new sport while playing fun games. Sports include: Football, Soccer, Basketball, Floor Hockey, Golf, Tennis, Volleyball, Baseball and more. Class will concentrate on skill development, participation, fun, fitness and teamwork. *A minimum of 5 children are needed to run the class.*

INTRO TO YOUTH LEAGUES (AGES 4-6 YEARS) (APY)

A fun introduction to basketball, soccer, and flag football designed for children ages 4–6. Participants will learn basic skills, teamwork, sportsmanship, and game concepts in a smaller group setting to help prepare them for YMCA youth sports leagues.

HOME SCHOOL SPORTS (AGES 7-14 YEARS) (APY, HVY, NMY)

This is the YMCAs version of a physical education class. The focus of this class is to allow homeschool students and families the opportunity to explore and experience a typical gym class. Children will play games and sports that incorporate all major motor movements and develop an understanding of why it is important to stay active.

JR GATORS (Games, Activities, Tag, Obstacles, Relays & Sports) (NMY)

Participants will actively participate in the above activities, learn rules and skills, and have fun!

LITTLE RUSHERS FOOTBALL CLASS (AGES 4-6) (HVY)

Players will learn the basics of football through drills to improve their skills and learn offensive and defensive skills. Class will concentrate on skill development, participation, fun, fitness and teamwork. *A minimum of 5 children are needed to run the class.*

LITTLE KICKERS SOCCER (AGES 4-6) (HVY)

Participants will learn the basics of soccer through drills to improve their skills and learn offensive and defensive skills. Everyone plays in this instructional class that emphasizes skill development, participation, fun, fitness and teamwork. *A minimum of 5 children are needed to run the class.*

SPORTS SKILLS (GRADES 1-4) (FWY)

Work on improving your skills in a specific sport. Each week will be geared toward drills to improve the fundamentals of each child in that sport. This is a great class to supplement our youth leagues.

NERF BLASTER GAMES & CHALLENGES (AGES 8-12 YEARS) (APY)

Kids will dive into team-based challenges, obstacles, and strategy games using soft foam Nerf blasters in a safe and supervised environment. Each class brings new games, creative play, and opportunities to build teamwork, coordination, and confidence. Whether your child is a seasoned Nerf player or just starting out, this class is designed to be inclusive, energetic, and full of fun. All equipment is provided, and safety goggles are required and supplied.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Intro to Youth Leagues	APY	4-6 years	M	5:15 PM	6:00 PM	\$38	\$55
Nerf Blaster Skills & Games	APY	8-12 years	T	4:30 PM	5:15 PM	\$38	\$55
Home School Sports	APY	8-12 years	T	2:00 PM	2:45 PM	\$38	\$55
Sports Sampler	FWY	4-6 years	W	4:30 PM	5:15 PM	\$38	\$55
Sports Skills – Soccer	FWY	Grades 1-2	TH	4:30 PM	5:15 PM	\$38	\$55
Sports Skills – Soccer	FWY	Grades 3-4	TH	5:30 PM	6:15 PM	\$38	\$55
Little Rushers Football	HVY	4-6 years	T	5:00 PM	5:45 PM	\$38	\$55
Little Kickers Soccer Class	HVY	4-6 years	R	5:00 PM	5:45 PM	\$38	\$55
Home School Sports	HVY	7-12 years	T	1:15 PM	2:00 PM	\$38	\$55
Home School Sports	HVY	7-12 years	F	10:00 AM	10:45 AM	\$38	\$55
JR GATORS	NMY	4-6 years	TH	6:15 PM	7:00 PM	\$38	\$55
Sports Sampler	NMY	7-11 years	TH	5:15 PM	6:00 PM	\$38	\$55
Home School Sports	NMY	7-14 years	W	11:00 AM	11:45 AM	\$38	\$55
Home School Sports	NMY	7-14 years	W	11:00 AM	11:45 AM	\$38	\$55

NINJA QUEST CLASS OFFERINGS (AGES 6-12 YEARS) (NMY)

Explore movement through new skills and challenges. Improve agility, strength and balance in action packed obstacle courses. Ninja Quests combines tricking, gymnastics and obstacles courses for a fun adventure! Proper form and use of equipment will be taught and expected of all participants. Every child is challenged in a fun, safe, and positive environment.

NINJA EXPLORERS

These classes are geared towards beginner ninjas.

Heart of the Valley YMCA

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Ninja Explorers NEW!	HVY	6-9 years	M	7:15 PM	7:45 PM	\$57	\$112
Ninja Explorers NEW!	HVY	6-9 years	M	7:50 PM	8:20 PM	\$57	\$112
Ninja Explorers NEW!	HVY	6-9 years	W	7:15 PM	7:45 PM	\$61	\$120
Ninja Explorers NEW!	HVY	6-9 years	F	12:15 PM	12:45 PM	\$61	\$120
Ninja Explorers 10 & Up NEW!	HVY	10-12 years	W	7:50 PM	8:20 PM	\$61	\$120

ESPORTS (AGES 8-18) (NMY)

Electronic Sports, or Esports, takes on the form of organized, multiplayer online video game competitions and is one of the fastest growing trends for youth engagement. Through the Y's Esports program, youth are welcome to be who they are, excel at what they love, and develop the social, strategic and problem-solving skills necessary to grow into thriving adults all in a safe, moderated and inclusive environment.

Immerse yourself in the world of gaming with our cutting-edge facility featuring 20 stations with top-of-the-line gaming computers! Whether you're a seasoned pro or just starting your gaming journey, our Tech Lab has something for everyone. See more at ymcafoxcities.org/esports.

ESPORTS OPEN PLAY

Experience gaming on another level at the Neenah-Menasha YMCA Tech Lab powered by Plexus! Open Play grants you access to the Tech Lab during all open hours. Come choose from our full library of games, hang out with friends and play on our gaming stations. Game on! Additional games/applications are available by request. Prices are **per month** for members and grant unlimited access based on availability.

FORTNITE LEAGUE

Come join us for our Fortnite League hosted in the Neenah-Menasha YMCA Tech Lab. This league will allow participants to put their skills to the test in a session long competition against other players in our program. We will be providing mouse/keyboards & Xbox controllers for all participants. Players can bring their own controller if they wish but it is not required.

GAMERS NIGHT OUT

Parents, enjoy a well-deserved evening to yourselves while we host an action-packed night for your kids! From Fortnite tournaments, Minecraft challenges and much more, there's something for every gamer to enjoy. Space is limited so register early! No refunds or credits for cancellations after the Tuesday before the event.

MINECRAFT CODING

Unlock the power of creativity and problem-solving through coding in Minecraft! In this hands-on class, students will learn the fundamentals of programming using block-based and Python coding within the Minecraft Education platform. Participants will design interactive worlds, automate tasks, and bring their ideas to life while exploring concepts like loops, conditionals, and variables in a fun, game-based environment. All equipment is provided by the YMCA.

ESPORTS & ENGINEERING

Participants will kick off class by playing a variety of games and competing in friendly tournaments. After gaming time, the group will dive into an engineering lesson using a program called Crunch Labs. Working in small teams, participants will build exciting projects such as a boomerang car, disc launcher, rocket revolver, and more! This class blends play, creativity, teamwork, and real engineering concepts to create an awesome learning experience.

GAMETOGRAPHY

Come join us for Gametography in the Tech Lab at the Neenah-Menasha Y! Gametography is the combination of video games and photography. This class will be led by Lem Fillyaw, who has over 25 years of experience as a professional photographer and currently streams on Twitch. We will be using Fortnite to learn the basics of gametography such as camera control, composition, set design, and much more. Once the class is over participants will be able to use the game, they love to express themselves to their friends and family in a new and exciting way.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Esports Open Play	NMY	Ages 8 & up	MTWTHFS	See Website	See Website	\$15/family or \$8/person (per month)	\$10/day
Fortnite League	NMY	Ages 8-18	T	6:00 PM	8:00 PM	\$57	\$79
Gamers Night Out	NMY	Ages 8-18	November 13	5:00 PM	8:00 PM	\$20	\$25
Minecraft Coding	NMY	Ages 8-18	November 2	6:00 PM	8:00 PM	\$12	\$20
Esports & Engineering	NMY	Ages 8-18	December 7	6:00 PM	8:00 PM	\$12	\$20
Gametography	NMY	Ages 8-18	October 30	6:00 PM	8:00 PM	\$12	\$20
Gametography	NMY	Ages 8-18	November 20	6:00 PM	8:00 PM	\$12	\$20

YOUTH & TEEN NIGHTS (FWY)

Youth and Teen Nights at the Y provide kids with a safe place to hang out with and be active. Get a group of friends together or come by yourself and meet new friends! Join us for music, basketball, dodgeball, swimming, arts & crafts, food and best of all FUN! More specific details are located at ymcafoxcities.org

Fee: Y Member - \$5 General Public - \$10

*Pre-registration preferred, but day of registration accepted

Fox West YMCA Youth Nights (Grades 4-6)

Saturdays 6:00 – 8:30 PM

October 17, November 7, December 12

MARTIAL ARTS (NMY)

September 8, 2026 – May 27, 2027

Judo is best described as a special martial art, derived from Ju-jitsu, with similarities to wrestling with its throws and pins. It is an Olympic sport, an art, a discipline, a recreation and fitness program, a means of self-defense, and a way of life. Instructor Mehdi Mohammadian is an 8th degree Black Belt and member of the Martial Arts Hall of Fame. Junior/Family and Adult classes offered.

Judo is a pay per month program, meaning you only need to register once. Once you register you be charged monthly. The price listed for each class is **per month**. After registering, you will be able to attend each class offered from September through May.

Discounts are available for YMCA Family Members with multiple registrations.

JR. BEGINNERS/FAMILY JUDO (6 YEARS AND OLDER) (NMY)

This is the introductory class for individuals who wish to start a judo training program. This class runs for 75 minutes on Tuesdays. When a beginner participant is able to pass a skills test for their first advancement level, they will move on to the Jr. Advanced/Family Judo class on Thursdays. Anyone over the age of 13 must be a part of a family to sign up. Price includes 1 person.

BEGINNER ADULT JUDO (13 YEARS AND OLDER) (NMY)

This is the adult introductory class for individuals who wish to start a judo training program. This class runs for 90 minutes on Tuesdays. When a beginner participant is able to pass a skills test for their first advancement level, they will move on to the Advanced Adult Judo class on Thursdays. Price includes 1 person.

JR. ADVANCED/FAMILY JUDO (AGES 6-13 YEARS) (NMY)

This class is the next junior level class for individuals who wish to continue to refine their judo skills. Participants must test out of the Beginner Class to participate. This class runs for 75 minutes on Thursdays. Anyone over the age of 13 must be a part of a family to sign up. Price includes 1 person.

ADVANCED ADULT JUDO (AGES 13 YEARS AND OLDER) (NMY) This class is the next adult level class for individuals who wish to continue to refine their judo skills. Participants must test out of the Beginner Class to participate. This class runs for 90 minutes on Thursdays. Price includes 1 person.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Jr./Family Beginners Judo	NMY	6 and older	T	5:30 PM	6:45 PM	\$53/month	\$78/month
Beginner Adult Judo	NMY	13 and older	T	7:00 PM	8:30 PM	\$63/month	\$88/month
Jr./Family Advanced Judo	NMY	6 and older	TH	5:30 PM	6:45 PM	\$53/month	\$78/month
Advanced Adult Judo	NMY	13 and older	TH	7:00 PM	8:30 PM	\$63/month	\$88/month

YOUTH SPORTS LEAGUES

PLAY MORE, PAY LESS - Value Added Leagues are FREE with YMCA family membership. This includes our primary leagues in each season throughout the school year.

- **Volleyball 1**
- **Fall Flag Football**
- **Youth Basketball**
- **Indoor Soccer**
- **Track & Field**

All leagues Co-Ed, unless otherwise noted.

League Registration/Cancellation Policy:

Late Registrations: There is a \$10 late fee added to the program after the registration deadline. Registration may be taken only if space is available.

Prior to registration deadline: If you withdraw from a league prior to the registration deadline, a full refund will be issued.

After deadline, but prior to the first day of the league: If you withdraw you will be issued credit voucher for future YMCA program minus the cost of your jersey.

After the first scheduled event (practice/game) of the league, there will be no refunds or credits.

YOUTH VOLLEYBALL 2 (GRADES 3-6) (FWY, HVY, NMY)

October 26 – December 12, 2026

REGISTRATION September 7 – October 11, 2026

This co-ed program will continue to develop the fundamentals learned in the skills and drills league, as well as more advanced strategies related to game like situations and overall to become more successful, more confident and continue to enjoy the game of volleyball at a young age. All teams will practice/scrimmage one night a week at the location in which you sign up for as listed below. There will be an end of the season tournament against other YMCA teams on Friday, December 11 or Saturday, December 12.

Note: no practices the week of November 23.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Volleyball 2	FWY	Grade 3-4	M	October 26	December 12	\$50	\$71
Volleyball 2	FWY	Grade 5-6	M	October 26	December 12	\$50	\$71
Volleyball 2	HVY	Grade 3-4	T	October 27	December 12	\$50	\$71
Volleyball 2	HVY	Grade 5-6	T	October 27	December 12	\$50	\$71
Volleyball 2	NMY	Grade 3-4	T	October 27	December 12	\$50	\$71
Volleyball 2	NMY	Grade 5-6	T	October 27	December 12	\$50	\$71

YOUTH BASKETBALL 3 ON 3 LEAGUE (GRADES 2-6) (APY, FWY)

November 5-December 17

REGISTRATION September 7- October 25

Our Youth 3-on-3 Basketball League is designed to help young athletes build confidence, develop fundamental skills, and foster a love for the game in a fun and supportive environment. **Each week players will be put on randomized teams for them to get an opportunity to play with different kids throughout the season.** With smaller teams and more touches on the ball, players get more opportunities to learn, lead, and grow skills on the court.

Class name	YMCA	Age	Day	Time	Start	End	Y Member	General Public
3 on 3 Boys	APY	Grade 3 & 4	TH	5:00-5:45PM	November 5	December 17	\$38	\$56
3 on 3 Boys	APY	Grade 5 & 6	TH	5:00-5:45PM	November 5	December 17	\$38	\$56
3 on 3 Girls	APY	Grade 3 & 4	TH	5:00-5:45PM	November 5	December 17	\$38	\$56
3 on 3 Girls	APY	Grade 5 & 6	TH	5:00-5:45PM	November 5	December 17	\$38	\$56

YOUTH BASKETBALL 101 (GRADES 4K-2) (FWY)

November 7-December 19, 2026

REGISTRATION July 1-October 11, 2026

This co-ed program will develop the fundamentals of basketball to help them become more successful, more confident and continue to enjoy the game of basketball at a young age. All teams will practice for the first two weeks. The remaining four weeks are half practice and half game. Players will receive a t-shirt. Space will be limited. There is no basketball on November 28. Please note that this is not a value-added league, but a supplemental league for the value-added league.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Youth Basketball 101	FWY	4K/5K	SAT	November 7	December 19	\$43	\$63
Youth Basketball 101	FWY	Grade 1	SAT	November 7	December 19	\$43	\$63
Youth Basketball 101	FWY	Grade 2	SAT	November 7	December 19	\$43	\$63

NEW!! YOUTH LITTLE TYKES BASKETBALL (FWY)

November 7-December 19, 2026

REGISTRATION July 1-October 11, 2026

Similar to our Basketball 101, this new program is designed specifically for players age 3!! Parents and staff will lead the teams together in this new opportunity for the kids to learn the great game of basketball. Players will receive a t-shirt. Space will be limited. There is no basketball on November 28. Please note that this is not a value-added league, but a supplemental league for the value-added league.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Little Tykes Basketball	FWY	Age 3	SAT	November 7	December 19	\$43	\$63

YOUTH BASKETBALL LEAGUES (GRADES 4K-6) (APY, FWY, HVY, NMY)

January 6 – February 20, 2027

REGISTRATION August 10 - December 6, 2026

Our Youth Basketball Leagues is a 7-week program designed to introduce kids to the fundamentals of basketball in a fun, supportive, and team-oriented environment. Through instruction and play, participants will build skills, confidence, and friendships while learning the values of teamwork, respect, and sportsmanship. Each week participants will learn basketball through practice and gameplay guided by our character values.

All practices/games will be on Saturdays. If we do not have enough players to run both boys and girls leagues for Grades 2-4, they will be combined into a co-ed league.

Grades 5/6 held at the Appleton YMCA only

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Coed Basketball	APY	Grade 4K/5K	SAT	January 9	February 20	FREE	\$50	\$71
Youth Coed Basketball	APY	Grade 1	SAT	January 9	February 20	FREE	\$50	\$71
Youth Coed Basketball	APY	Grade 2	SAT	January 9	February 20	FREE	\$50	\$71
Youth Boys Basketball	APY	Grade 3/4 Boys	SAT	January 9	February 20	FREE	\$50	\$71
Youth Girls Basketball	APY	Grade 3/4 Girls	SAT	January 9	February 20	FREE	\$50	\$71
Youth Girls Basketball	APY	Grade 5/6 Girls	W	January 6	February 17	FREE	\$50	\$71
Youth Coed Basketball	FWY	Grade 4K/5K	SAT	January 9	February 20	FREE	\$50	\$71
Youth Coed Basketball	FWY	Grades 1	SAT	January 9	February 20	FREE	\$50	\$71
Youth Boys Basketball	FWY	Grade 2 Boys	SAT	January 9	February 20	FREE	\$50	\$71
Youth Girls Basketball	FWY	Grades 2 Girls	SAT	January 9	February 20	FREE	\$50	\$71
Youth Boys Basketball	FWY	Grade 3/4 Boys	SAT	January 9	February 20	FREE	\$50	\$71
Youth Girls Basketball	FWY	Grade 3/4 Girls	SAT	January 9	February 20	FREE	\$50	\$71
Youth Coed Basketball	HVY	Grade 4K/5K	SAT	January 9	February 20	FREE	\$50	\$71
Youth Coed Basketball	HVY	Grade 1	SAT	January 9	February 20	FREE	\$50	\$71
Youth Coed Basketball	HVY	Grade 2	SAT	January 9	February 20	FREE	\$50	\$71
Youth Boys Basketball	HVY	Grade 3/4 Boys	TH	January 7	February 18	FREE	\$50	\$71
Youth Girls Basketball	HVY	Grade 3/4 Girls	TH	January 7	February 18	FREE	\$50	\$71
Youth Coed Basketball	NMY	Grade 4K/5K	SAT	January 9	February 20	FREE	\$50	\$71
Youth Coed Basketball	NMY	Grade 1	SAT	January 9	February 20	FREE	\$50	\$71
Youth Coed Basketball	NMY	Grade 2	SAT	January 9	February 20	FREE	\$50	\$71
Youth Boys Basketball	NMY	Grade 3/4 Boys	SAT	January 9	February 20	FREE	\$50	\$71
Youth Girls Basketball	NMY	Grade 3/4 Girls	SAT	January 9	February 20	FREE	\$50	\$71

BOYS Y-BALL BASKETBALL LEAGUE (GRADES 5-12) (APY, FWY, HVY, NMY)

January 9 – February 27, 2027

REGISTRATION August 10 - December 6, 2026

Teams will practice once per week at your home YMCA, based on availability. Games will be Saturdays, January 9-February 27, 2027, at Xcel Sports at Alliance Church in Appleton (Grades 9-12), or Neenah Middle School (Grades 5-8). The league tournament will be on February 27 for the top teams in the league. Format for the tournament is TBD and based on registration numbers for each division. Grades 9-12 will have team captains and Grades 5-8 will have parent coaches. Everyone should register individually, and team captains/coaches should email Jensen Hinton at jhinton@ymcafoxcities.org with your team member names along with a team name. There are no free agents for the Grades 9-12 division. Anyone who signs up alone for Grades 5-8 will be placed on team.

Jerseys are **not** provided for this league but will be available for purchase through a link that will be sent after registration. Free Agents must purchase a jersey. If you purchased a jersey last year, you do not need to buy one again. The style of the jerseys will be the same as they were last season. Teams are also able to order their own YMCA-appropriate custom jerseys. Jersey mockups must be sent to jhinton@ymcafoxcities.org for approval. Teams must all have the same color jersey.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Boys Y-BALL	APY	Grade 5-6	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	APY	Grade 7-8	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	APY	Grade 9-10	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	APY	Grade 11-12	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	FWY	Grade 5-6	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	FWY	Grade 7-8	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	FWY	Grade 9-10	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	FWY	Grade 11-12	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	HVY	Grade 5-6	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	HVY	Grade 7-8	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	HVY	Grade 9-10	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	HVY	Grade 11-12	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	NMY	Grade 5-6	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	NMY	Grade 7-8	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	NMY	Grade 9-10	SAT	January 9	February 27	\$63	\$91
Boys Y-BALL	NMY	Grade 11-12	SAT	January 9	February 27	\$63	\$91

ADULTS

ADULT RACQUETBALL LEAGUES APPLETON YMCA

REGISTRATION July 1-September 27

Whether you're a seasoned player or just getting back into the game, this league offers a fun and competitive environment for adults of all skill levels. This league offers 3 different divisions: A Competitive, B Intermediate and C Recreation). Each league runs on a separate night between 5:30pm-7:30pm. Our league features weekly matches, division standings and an end of season tournament. Come join our incredible Racquetball community at the Appleton YMCA.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adult Racquetball Leagues: Level A	APY	18 years and older	Mon	October 12	December 14	\$25	\$35
Adult Racquetball Leagues: Level B	APY	18 years and older	Tues	October 13	December 15	\$25	\$35
Adult Racquetball Leagues: Level C	APY	18 years and older	Wed	October 14	December 16	\$25	\$35

Open Member Sports – no registration required

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
BASKETBALL							
Open Basketball	NMY	55+	T	12:00 PM	2:00 PM	FREE	N/A*
Open Basketball	HVY	55+	M	10:00 PM	NOON	FREE	N/A*
Open Basketball	APY	18+	W	5:30 AM	7:00 AM	FREE	N/A*
Open Basketball	APY	18+	S	6:00 AM	7:30 AM	FREE	N/A*
Open Basketball	NMY	18+	SUN	9:00 AM	11:00 AM	FREE	N/A*
Open Basketball	NMY	18+	M/TH/F	11:00 AM	1:00 PM	FREE	N/A*
Open Basketball	NMY	18+	T/F	5:00 AM	7:00 AM	FREE	N/A*
PICKLEBALL							
Open Pickleball (Intermediate/Advanced)	APY	18+	M/T/W/TH/F	7:00 AM	11:00 AM	FREE	N/A*
Family Open Pickleball	APY	ALL	SUN	7:00 AM	11:00 AM	FREE	N/A*
Open Pickleball - (Beginner)	APY	14+	M/T/W/TH/F	11:00 AM	2:00 PM	FREE	N/A*
Open Pickleball	FWY	14+	M/W/F	5:00 AM	7:00 AM	FREE	N/A*
Open Pickleball	FWY	14+	M/T/W	10:00 AM	2:00 PM	FREE	N/A*
Open Pickleball	FWY	14+	TH/F	10:00 AM	NOON	FREE	N/A*
Open Pickleball (Beginner)	FWY	14+	TH	NOON	2:00 PM	FREE	N/A*
Family Open Pickleball	HVY	ALL	SUN	10:00 AM	1:15 PM	FREE	N/A*
Open Pickleball (Intermediate/Advanced)	HVY	18+	M/W/F	11:15 AM	2:15 PM	FREE	N/A*
Open Pickleball	HVY	14+	T/TH	5:00 AM	8:00 AM	FREE	N/A *
Open Pickleball (Beginner)	HVY	14+	T/TH	11:00 AM	1:00 PM	FREE	N/A*
Family Open Pickleball	NMY	ALL	SUN	11:00 AM	1:00 PM	FREE	N/A*
Open Pickleball	NMY	14+	M/W/F	1:00 PM	3:00 PM	FREE	N/A*
Open Pickleball	NMY	14+	M/W	6:00 PM	8:30 PM	FREE	N/A*
VOLLEYBALL							
Open Volleyball	NMY	18+	T	7:00 PM	9:00 PM	FREE	N/A*
Open Volleyball	HVY	16+	W	6:00 PM	7:30 PM	FREE	N/A*
Open Family Volleyball	HVY	All ages	SUN	2:00 PM	4:00 PM	FREE	N/A*

Guest passes available ONLY if accompanied by a Y member for \$15