



GROWTH & DEVELOPMENT

FALL 1 PROGRAM SESSION:

September 7 – October 25, 2026

No classes on Monday, September 7, 2026 Labor Day, Monday classes will be prorated.

STAFF CONTACTS

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APPLE CREEK YMCA PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class.

WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor time with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Wonderbug Discoveries	ACY	18 months-3 years with parent	W	9:30 AM	10:30 AM	\$49	\$75

APPLE CREEK YMCA CHILDREN'S CLASSES (AGES 2½-5)

ART EXPLORATION (AGES 2½-4 YEARS) (ACY)

Children will explore a variety of materials like paint, clay, and natural items both indoors and outdoors. Through playful, process-based projects, they'll discover colors, textures, and new ways to create.

FALL FUN (AGES 2½-4 YEARS) (ACY)

Explore the fun of the season while having fun with friends and learning social skills. Please pack a nutritious peanut/tree nut-free lunch.

FRIDAY FUN (AGES 2½-4 YEARS) (ACY)

Come have fun on Friday. Learn finger plays, meet new friends, dance and sing to new songs, and explore new places in new books. Please pack a nutritious peanut/tree nut-free lunch.

FUN WITH FRIENDS (AGES 2½-4 YEARS) (ACY)

Exploring, laughter and friendship, what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. Please pack a nutritious peanut/tree nut-free lunch.

PIRATES AND DINOSAURS (AGES 2½-4 YEARS) (ACY)

Come on a two-part adventure, all in one class. Some of the classes will be about dinosaurs and some will be about pirates. We will be reading stories, doing art, and learning songs and rhymes all about pirates and dinosaurs. Please pack a nutritious peanut/tree nut-free lunch.

PLAY, LEARN, GROW (AGES 2½-4 YEARS) (ACY)

Playing is a very important part of learning and growing. Come play and make some new friends. We will also do some learning with fun carpet time games. Please pack a nutritious peanut/tree nut-free lunch.

OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as much of each class will be held outdoors, weather permitting.

NATURE WONDERS FOR PRESCHOOLERS (AGES 3-5 YEARS) (ACY)

Expand upon your child's preschool and kindergarten readiness skills through this nature based experiential learning program. Children will be introduced to basic academic skills during their exploration of nature and the outdoors. Each week will feature a different academic element, such as numbers, shapes, colors, and letters, which will be incorporated into the nature theme of the week.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fall Fun – Bring Lunch	ACY	2½-4 years	M	9:00 AM	12:00 PM	\$66	\$89
Fun with Friends - Bring Lunch	ACY	2½-4 years	T	9:00 AM	12:00 PM	\$77	\$104
Outrageous Outdoors	ACY	3-5 years	T	9:30 AM	11:00 AM	\$60	\$83
Pirates and Dinosaurs – Bring Lunch	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$77	\$104
Outrageous Outdoors	ACY	3-5 years	W	1:00 PM	2:30 PM	\$60	\$83
Play, Learn, Grow- Bring Lunch	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$77	\$104
Nature Wonders for Preschoolers	ACY	3-5 years	TH	9:30 AM	11:30 AM	\$72	\$94
Friday Fun- Bring Lunch	ACY	2½-4 years	F	9:00 AM	12:00 PM	\$77	\$104
Art Exploration	ACY	2½-4 years	F	12:30 PM	2:30 PM	\$63	\$87

APPLE CREEK YMCA WORKSHOPS (AGES 5-12 YEARS)

OUTDOOR EXPLORER'S CLUB (AGES 5-10 YEARS) (ACY)

Let the Environmental Education team at the Apple Creek YMCA turn your off-day from school into a full day of exploration and activities related to the outdoors. Join us for hikes, playing in the woods, creative free-time, and more! Pack a nut-free lunch, snacks and appropriate clothing for indoors and outdoors in a backpack and join us for a fun-filled day! Additional information will be sent by email after registration has been completed.

PUMPKIN PAINT & PLAY (AGES 5-10 YEARS) (ACY)

Children will design and paint their own pumpkin masterpiece using fun colors and creative tools. It's a festive, hands-on way to celebrate fall and express creativity.

WILD ABOUT ART (AGES 5-10 YEARS) (ACY)

Participants will use leaves, sticks, and other nature finds to create colorful prints, imaginative creatures, and unique collages on canvas. This hands-on workshop encourages creativity, curiosity, and a love for the natural world.

LIVE ANIMAL CARE (AGES 6-12 YEARS) (ACY)

Drop your child off on the second Saturday of each month in the Nature Study Classroom to learn how we care for our classroom animals, including snakes, lizards, turtles, frogs, and fish. Help feed the animals, clean their tanks, and make sure they are living healthy lives. We will occasionally bring our lessons outdoors, so please dress accordingly.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Live Animal Care- September 12	ACY	6-12 years	SAT	10:00 AM	NOON	\$10	\$15
Wild About Art – September 19	ACY	5-10 years	SAT	10:00 AM	NOON	\$20	\$25
Outdoor Explorer's Club – Sept 25	ACY	5-10 years	F	7:00 AM	5:00 PM	\$48	\$60
Live Animal Care – October 10	ACY	6-12 years	SAT	10:00 AM	NOON	\$10	\$15
Pumpkin Paint & Play – October 17	ACY	5-10 years	SAT	10:00 AM	NOON	\$20	\$25
Outdoor Explorer's Club – October 30	ACY	5-10 Years	F	7:00 AM	5:00 PM	\$48	\$60

FOX WEST YMCA PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class.

MINI ARTISTS & GROWN-UP SIDEKICKS (AGES 4-7 YEARS WITH PARENT) (FWY)

This parent-child class blends art-making with quality time. Families explore different materials and techniques while nurturing imagination, fine motor skills, and joyful connection.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Mini Artists & Grown-up sidekicks	FWY	4-7 years with parent	T	5:15 PM	6:30 PM	\$55	\$78

FOX WEST YMCA CHILDRENS CLASSES (AGES 1½-6)

FOREST FRIENDS (AGES 2-3 YEARS) (FWY)

Join us as we explore the wonderful world of forest plants and animals! In Forest Friends, little learners will discover the trees, flowers, and woodland creatures that make the forest their home through stories, songs, movement, crafts, and hands-on activities. This fun and interactive class encourages curiosity, builds early learning skills, and helps children connect with nature while making new friends along the way.

LITTLE LEARNERS CLUB (AGES 2-3 YEARS) (FWY)

A playful, welcoming class designed to explore their very first friendships. Through songs, movement, stories, simple games, and guided play, children practice sharing, taking turns, and participating in a group—all in a nurturing, low-pressure environment. This class supports social development, confidence, and lots of joyful connection as little ones learn and grow together.

PUPPET PLAYTIME! (AGES 2-3 YEARS) (FWY)

Puppet playtime is a joyful, interactive class. Through playful puppet stories, songs, and simple movements, children explore language, emotions and imagination in a fun, nurturing environment. Little ones are encouraged to talk, sing, laugh, and participate as friendly puppet model sharing, kindness, and self-expression.

COMMUNITY HELPERS (AGES 2½-4 YEARS) (FWY)

Explore the many community helpers we have around us every day! We will be reading stories, doing art, and learning songs all about community helpers. We may even have a few guest speakers join the class! To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

FUN WITH FRIENDS! (AGES 2½-4 YEARS) (FWY)

Exploring, laughter and friendship what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

LAUGHTER, LEARNING, LUNCH (AGES 2½-5 YEARS) (FWY)

Exploring, laughter, and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

FRIDAY FRENZY (AGES 3-5 YEARS) (FWY)

Let your child explore with our Friday Frenzy class! Each week will feature a different theme- superheroes, princes/princesses, sports, and more! Children will explore their creativity through games, activities, and projects. Children are free to dress up for the theme each week as well. The instructor will let participants know what the theme for next week will be. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Little Learners Club	FWY	2-3 years	M	9:00 AM	10:00 AM	\$33	\$56
Puppet Playtime	FWY	2-3 years	M	10:00 AM	11:00 AM	\$33	\$56
Fun with friends	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$63	\$87
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	T	11:00 AM	12:30 PM	\$49	\$76
Little Learners Club	FWY	2-3 years	W	9:00 AM	10:00 AM	\$39	\$65
Forest Friends	FWY	2-3 years	W	10:00 AM	11:00 AM	\$39	\$65

Community Helpers	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$63	\$87
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	TH	11:00 AM	12:30 PM	\$49	\$76
All around the world	FWY	3-5 years	F	9:00 AM	11:00 AM	\$72	\$94

HEART OF THE VALLEY YMCA CHILDRENS CLASSES (AGES 2-5)

JUST FOR 2's (AGE 2 YEARS) (HVY)

We know toddlers love being together! This is a class where friendships begin for your 2 year old. We'll play, create, and grow together in a fun, nurturing environment.

BUSY BEES (AGES 2-3 YEARS) (HVY)

We will buzz around to different activities, and have fun through stories, songs and art projects that encourage creativity. Your child should have taken Just for 2's or have had a positive Kids Corner experience before taking this class.

CREATIVE CATERPILLARS (AGES 2-3 YEARS) (HVY)

Is your toddler ready for a longer class? Or preparing to move on to the Butterfly Room? Then this class is for them! Your child will create a fun craft and work on social skills through play all while implementing a more structured classroom environment.

MINI MOVERS AND MAKERS (AGES 2-3 YEARS) (HVY)

This class is designed for your toddler to explore, create, move, and grow! Each class will focus on coordination through movement and exploration. We will also focus on fine motor skills through arts and crafts.

MINI MUSIC MAKERS (AGES 2-3 YEARS) (HVY)

Let's explore musical instruments together! In this class we will work on understanding sounds and rhythm through instruments and songs. Your toddler will get hands on with a variety of objects and learn how to create music while discovering different textures and noises.

STEPPING STONES TO PRESCHOOL (AGES 2-3 YEARS) (HVY)

Is your 2 or 3 year old getting ready for preschool? This class is a perfect introduction! Children will build social-emotional skills and practice a preschool-style routine through play and structured activities. Please have your child bring a **peanut-free snack** as we will practice classroom "snack time"!

PLAY AND EXPLORE (AGES 2-5 YEARS) (HVY)

Need a few hours to run errands or tackle your to do list? Children will enjoy a morning packed with games, crafts, movement, stories, free play, and opportunities to make new friends in a safe and fun environment!

ADVENTURES IN ART! (AGES 3-5 YEARS) (HVY)

Let's go on a colorful and creative adventure! In this class we will focus on exploring how our bodies can move and be active through art! Each class will focus on a theme for movement and creativity. Please dress for movement and the possibility of mess!

FOUNDATIONS OF EARLY LEARNING (AGES 3-5 YEARS) (HVY)

Early learners will be introduced to key literacy and math concepts through fun songs, stories, and hands-on activities. We'll explore the magic of the alphabet and dive into counting and number recognition through interactive games that build confidence and curiosity. Please bring a **peanut-free snack** for your child.

GAMES AND GOOP (AGES 3-5 YEARS) (HVY)

This class will focus on blending games and science together to create a fun-filled classroom experience! Each class will incorporate a theme with games that blend into a fun and educational science experiment. Please dress for movement and the possibility of mess!

GLOBAL VOYAGERS (AGES 3-5 YEARS) (HVY)

Let's explore the world together! In this class your child will learn about different countries and cultures through crafts, music, food and play! Please note that there will be peanut-free snacks introduced occasionally. We are excited to take an amazing global voyage together!

LITTLE CHEFS (AGES 3-5 YEARS) (HVY)

In this class your child will learn how to cook and bake fun and child-friendly dishes! We will also learn kitchen safety and appropriate food handling through books and crafts. Your little chef will be making a yummy dish each class, so please let your teacher know of any food allergies or restrictions prior to the start of the session.

MUSICAL MEMORIES (AGES 3-5 YEARS) (HVY)

Some of our best childhood memories come from music. In this class, your child will learn basic musical notes to make their own song! We will incorporate instruments, crafts and stories to go with our musical theme of the day. Your child will perform a class concert for grownups on the last day of class to showcase their musical talents!

PRESCHOOL READINESS (AGES 3-5 YEARS) (HVY)

Looking for a longer class experience? This program helps prepare children for preschool through engaging social and educational activities all while incorporating the structure and schedule of a preschool day. Please pack a **peanut-free snack** for your child.

THE LUNCH BUNCH (AGES 3-5 YEARS) (HVY)

Eating lunch with friends is fun—and helps build healthy habits! This “extended stay” option allows your child to enjoy lunch with friends in a classroom setting while developing self-help and social skills. After lunch, we'll enjoy crafts, stories, and music. Please pack a **peanut-free lunch** for your child.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Busy Bees	HVY	2-3 years	M	9:00 AM	10:30 AM	\$43	\$65
Little Chefs	HVY	3-5 years	M	9:00 AM	10:30 AM	\$43	\$65
Just for 2's	HVY	2 years	M	10:45 AM	11:45 AM	\$33	\$56
The Lunch Bunch	HVY	3-5 years	M	11:00 AM	2:00 PM	\$67	\$89
Mini Movers and Makers	HVY	2-3 years	M	4:30 PM	5:30 PM	\$33	\$56
Just for 2's	HVY	2 years	T	9:00 AM	10:00 AM	\$39	\$65
Foundations of Early Learning!	HVY	3-5 years	T	9:00 AM	12:00 PM	\$77	\$104
Creative Caterpillars	HVY	2-3 years	T	10:15 AM	11:45 AM	\$50	\$76
Adventures in Art!	HVY	3-5 years	T	4:30 PM	5:30 PM	\$39	\$65
Stepping Stones to Preschool	HVY	2-3 years	W	9:00 AM	11:30 AM	\$73	\$98
Preschool Readiness	HVY	3-5 years	W	9:00 AM	12:00 PM	\$77	\$104
Games and Goop!	HVY	3-5 years	W	4:30 PM	5:30 PM	\$39	\$65
Busy Bees	HVY	2-3 years	TH	9:00 AM	10:30 AM	\$49	\$76
Musical Memories	HVY	3-5 years	TH	9:00 AM	10:30 AM	\$49	\$76
Mini Music Makers	HVY	2-3 years	TH	10:45 AM	11:45 AM	\$39	\$65

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
The Lunch Bunch	HVY	3-5 years	TH	11:00 AM	2:00 PM	\$77	\$104
Just for 2's	HVY	2 years	F	9:00 AM	10:00 AM	\$39	\$65
Global Voyagers	HVY	3-5 years	F	9:00 AM	11:30 AM	\$72	\$98
Creative Caterpillars	HVY	2-3 years	F	10:15 AM	11:45 AM	\$50	\$76
Play & Explore	HVY	2-5 years	S	9:00 AM	12:00 PM	\$77	\$104

HEART OF THE VALLEY WORKSHOPS (AGES 3-5 YEARS)

NOT SO SPOOKY HALLOWEEN PARTY! (AGES 3-5 YEARS) (HVY)

Come celebrate Halloween with us! Your child is welcome to wear a costume (no masks, please). In this workshop we will dance, have a kid friendly Halloween story time with a healthy snack, and paint mini pumpkins. It will be Boo-tacular! This workshop is for children ages 3 to 5.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Not So Spooky Halloween Party! - October 21	HVY	3-5 years	W	12:30 PM	2:30 PM	\$20	\$25

NEENAH-MENASHA YMCA CHILDRENS CLASSES (AGES 2-5 YEARS)

LET'S GET MOVIN' AND/OR LET'S KEEP MOVIN' (AGES 2-3 YEARS) (NMY)

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker. If this is your child's first class or they are apprehensive, parents are encouraged to stay and participate. If your child has extra energy to burn, register for both Tuesday and Thursday sessions!

BEYOND PLAY (AGES 2-4 YEARS) (NMY)

Packing fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying story time and a sing-along with instruments around the piano. (Note: No class Monday, September 7 – Labor Day.)

FALL FRIEND-ZY (AGES 2-4 YEARS) (NMY)

Let's sprout and grow kindness with our Y friends this spring! Children will learn about friendship, belonging and create community through stories, songs, art, games, and large motor-interactive play.

COOL KIDS (AGES 3-5 YEARS) (NMY)

The coolest thing about being a kid is learning through play! We'll make new friends, explore the magic of books, sing songs, play games, create arts and crafts. Your little one will be so busy they won't realize all the things they are experiencing about social emotional learning, language, and creativity!

PRESCHOOL READINESS (AGES 3-5 YEARS) (NMY)

Thinking about sending your child to preschool soon? In this class, your child will engage in various social and educational activities to help prepare them for a preschool environment, including small group activities, singing together, free play and art projects. Think ... preschool on a smaller scale!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Beyond Play	NMY	2-4 years	M	9:00 AM	10:30 AM	\$43	\$65
Let's Get Movin'	NMY	2-3 years	T	9:30 AM	10:30 AM	\$39	\$65
Preschool Readiness	NMY	3-5 years	T	9:30 AM	10:30 AM	\$39	\$65
Fall Friend-zy	NMY	2-4 years	W	9:00 AM	10:30 AM	\$50	\$76
Let's Keep Movin'	NMY	2-3 years	TH	9:30 AM	10:30 AM	\$39	\$65
Cool Kids	NMY	3-5 years	TH	9:30 AM	10:30 AM	\$39	\$65