



GROWTH & DEVELOPMENT

FALL 2 PROGRAM SESSION:

October 26 – December 20, 2026

No Classes November 23 – 29, 2026

STAFF CONTACTS

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APPLE CREEK YMCA PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class.

WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor time with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Wonderbug Discoveries	ACY	18 months-3 years with parent	W	9:30 AM	10:30 AM	\$49	\$75

APPLE CREEK YMCA CHILDREN'S CLASSES (AGES 2½-5)

ANIMALS ON LAND AND SEA (AGES 2½-4 YEARS) (ACY)

Lions and Tigers and Fish Oh My! Making friends and learning is the focus of this fun class. Each week we will explore a new animal along with books, songs, and art. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

ART EXPLORATION (AGES 2½-4 YEARS) (ACY)

Children will explore a variety of materials like paint, clay, and natural items both indoors and outdoors. Through playful, process-based projects, they'll discover colors, textures, and new ways to create.

FALL FUN (AGES 2½-4 YEARS) (ACY)

Explore the fun of the season while having fun with friends and learning social skills. Please pack a nutritious peanut/tree nut-free lunch.

FRIDAY FUN (AGES 2½-4 YEARS) (ACY)

Come have fun on Friday. Learn finger plays, meet new friends, dance and sing to new songs, and explore new places in new books. Please pack a nutritious peanut/tree nut-free lunch.

FUN WITH FRIENDS (AGES 2½-4 YEARS) (ACY)

Exploring, laughter and friendship, what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. Please pack a nutritious peanut/tree nut-free lunch.

PLAY, LEARN, GROW (AGES 2½-4 YEARS) (ACY)

Playing is a very important part of learning and growing. Come play and make some new friends. We will also do some learning with fun carpet time games. Please pack a nutritious peanut/tree nut-free lunch.

OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as much of each class will be held outdoors, weather permitting.

NATURE WONDERS FOR PRESCHOOLERS (AGES 3-5 YEARS) (ACY)

Expand upon your child's preschool and kindergarten readiness skills through this nature based experiential learning program. Children will be introduced to basic academic skills during their exploration of nature and the outdoors. Each week will feature a different academic element, such as numbers, shapes, colors, and letters, which will be incorporated into the nature theme of the week.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fall Fun – Bring Lunch	ACY	2½-4 years	M	9:00 AM	NOON	\$77	\$104
Fun with Friends - Bring Lunch	ACY	2½-4 years	T	9:00 AM	NOON	\$77	\$104
Outrageous Outdoors	ACY	3-5 years	T	9:30 AM	11:00 AM	\$60	\$83
Animals on Land and Sea – Bring Lunch	ACY	2½-4 years	W	9:00 AM	NOON	\$77	\$104
Outrageous Outdoors	ACY	3-5 years	W	1:00 PM	2:30 PM	\$60	\$83
Play, Learn, Grow- Bring Lunch	ACY	2½-4 years	TH	9:00 AM	NOON	\$77	\$104
Nature Wonders for Preschoolers	ACY	3-5 years	TH	9:30 AM	11:30 AM	\$72	\$94
Friday Fun- Bring Lunch	ACY	2½-4 years	F	9:00 AM	NOON	\$77	\$104
Art Exploration	ACY	2½-4 years	F	12:30 PM	2:30 PM	\$63	\$87

APPLE CREEK YMCA WORKSHOPS (AGES 5-12 YEARS)

OUTDOOR EXPLORER'S CLUB (AGES 5-10 YEARS) (ACY)

Let the Environmental Education team at the Apple Creek YMCA turn your off-day from school into a full day of exploration and activities related to the outdoors. Join us for hikes, playing in the woods, creative free-time, and more! Pack a nut-free lunch, snacks and appropriate clothing for indoors and outdoors in a backpack and join us for a fun-filled day! Additional information will be sent by email after registration has been completed.

SNOWFLAKES & SPRINKLES (AGES 5-10 YEARS) (ACY)

Join us for a festive holiday adventure filled with creativity and cheer! Children will decorate delicious holiday themed cookies, design dazzling snowflake art, and enjoy fun holiday themed games with friends.

LIVE ANIMAL CARE (AGES 6-12 YEARS) (ACY)

Drop your child off on the second Saturday of each month in the Nature Study Classroom to learn how we care for our classroom animals, including snakes, lizards, turtles, frogs, and fish. Help feed the animals, clean their tanks, and make sure they are living healthy lives. We will occasionally bring our lessons outdoors, so please dress accordingly.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Outdoor Explorer's Club – October 16	ACY	5-10 Years	F	7:00 AM	5:00 PM	\$48	\$60
Outdoor Explorer's Club – October 30	ACY	5-10 Years	F	7:00 AM	5:00 PM	\$48	\$60
Outdoor Explorer's Club – November 6	ACY	5-10 Years	F	7:00 AM	5:00 PM	\$48	\$60
Outdoor Explorer's Club – November 25	ACY	5-10 Years	F	7:00 AM	5:00 PM	\$48	\$60
Outdoor Explorer's Club – December 23	ACY	5-10 Years	F	7:00 AM	5:00 PM	\$48	\$60
Outdoor Explorer's Club – December 28	ACY	5-10 Years	F	7:00 AM	5:00 PM	\$48	\$60
Outdoor Explorer's Club – December 29	ACY	5-10 Years	F	7:00 AM	5:00 PM	\$48	\$60
Outdoor Explorer's Club – December 30	ACY	5-10 Years	F	7:00 AM	5:00 PM	\$48	\$60
Snowflakes & Sprinkles – December 5	ACY	5-10 Years	SAT	10:00 AM	NOON	\$20	\$25
Live Animal Care - November 14	ACY	6-12 years	SAT	10:00 AM	NOON	\$10	\$15

FOX WEST YMCA PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class.

FOX WEST YMCA CHILDRENS CLASSES (AGES 1½-6)

EMOTIONS AND FEELINGS ARE FUN (AGES 2-3 YEARS) (FWY)

Come have fun while learning about different feelings and emotions through games, play, songs and improving a child's recognition and control of their own feelings. Children will discover their own "toolbox" of self-regulation.

LITTLE LEARNERS CLUB (AGES 2-3 YEARS) (FWY)

A playful, welcoming class designed to explore their very first friendships. Through songs, movement, stories, simple games, and guided play, children practice sharing, taking turns, and participating in a group—all in a nurturing, low-pressure environment. This class supports social development, confidence, and lots of joyful connection as little ones learn and grow together.

MESSY, CREATIVE FUN (AGES 2-3 YEARS) (FWY)

Explore the many different ways to create art. We'll have creative messy fun painting, drawing, gluing and lots more. Come to class ready for fun and dressed to get messy.

MUSIC AND FUN (AGES 2½-4 YEARS) (FWY)

This class will foster the natural sense of the musical wonder of the growing child. Each week we will make a different instrument and children will learn through listening, movement, echo and repeat patterns to help develop a strong musical bond! To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

OH, PIGEON! (AGES 2½-4 YEARS) (FWY)

Who can resist the pigeon? In this fun and interactive class, children will drive into Mo Williams hilarious stories, while enjoying themed crafts, games and play that bring the book to life. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

LAUGHTER, LEARNING, LUNCH (AGES 2½-5 YEARS) (FWY)

Exploring, laughter, and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

ENCHANTED KINGDOM (AGES 3-5 YEARS) (FWY)

Step into a magical world filled with dragons, unicorns, mermaids, fairies, and other mythical creatures! Each week, young adventurers will discover a new mythical friend through stories, art, activities and imaginative play. Join us as we journey through the Enchanted Kingdom, where magic and imagination come to life! To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

AWESOME ART ADVENTURES (AGES 5-8 YEARS) (FWY)

Explore the many different ways to create art. We'll have awesome adventures painting, drawing, shaping, gluing, and lots more. Come to class ready for fun and dressed to get messy.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Little Learners Club	FWY	2-3 years	M	9:00 AM	10:00 AM	\$33	\$56
Emotions and feelings are fun	FWY	2-3 years	M	10:00 AM	11:00 AM	\$33	\$56
Music and Fun	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$63	\$87
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	T	11:00 AM	12:30 PM	\$49	\$76
Awesome Art Adventures	FWY	5-8 years	T	5:15 PM	6:45 PM	\$55	\$78
Little Learners Club	FWY	2-3 years	W	9:00 AM	10:00 AM	\$39	\$65
Forest Friends	FWY	2-3 years	W	10:00 AM	11:00 AM	\$39	\$65
Oh, Pigeon!	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$63	\$87
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	TH	11:00 AM	12:30 PM	\$49	\$76
Enchanted Kingdom	FWY	3-5 years	F	9:00 AM	11:00 AM	\$72	\$94

HEART OF THE VALLEY YMCA CHILDRENS CLASSES (AGES 2-5)

JUST FOR 2's (AGE 2 YEARS) (HVY)

We know toddlers love being together! This is a class where friendships begin for your 2 year old. We'll play, create, and grow together in a fun, nurturing environment.

BUSY BEES (AGES 2-3 YEARS) (HVY)

We will buzz around to different activities, and have fun through stories, songs and art projects that encourage creativity. Your child should have taken Just for 2's or have had a positive Kids Corner experience before taking this class.

CREATIVE CATERPILLARS (AGES 2-3 YEARS) (HVY)

Is your toddler ready for a longer class? Or preparing to move on to the Butterfly Room? Then this class is for them! Your child will create a fun craft and work on social skills through play all while implementing a more structured classroom environment.

HOLIDAY RYTHYM & SOUNDS (AGES 2-3 YEARS) (HVY)

Let's explore musical instruments together! In this class we will work on understanding the rhythm and sounds of the Holidays through instruments and songs. Your toddler will get hands on with a variety of objects and learn how to create music while discovering different textures and noises.

STEPPING STONES TO PRESCHOOL (AGES 2-3 YEARS) (HVY)

Is your 2 or 3 year old getting ready for preschool? This class is a perfect introduction! Children will build social-emotional skills and practice a preschool-style routine through play and structured activities. Please have your child bring a **peanut-free snack** as we will practice classroom "snack time"!

JUST FOR 3's AND 4's (AGES 3-4 YEARS) (HVY)

Calling all 3- and 4-year-olds! Come join us for a fun and engaging class! We will work on fine motor skills, small group experiences, work centers and get creative with art. This class will feature a group teacher-led activity to create a positive circle and rug time experience with friends.

COLD WEATHER CREATURES (AGES 3-5 YEARS) (HVY)

There's a chill in the air! And many animals and insects are getting ready for winter. This class will explore hibernation, migration, and how the cold weather creatures adapt to the upcoming winter season through play, crafts, songs, and stories. We may venture outside (weather permitting) to explore and observe, so please have your child dress accordingly!

FOUNDATIONS OF EARLY LEARNING (AGES 3-5 YEARS) (HVY)

Early learners will be introduced to key literacy and math concepts through fun songs, stories, and hands-on activities. We'll explore the magic of the alphabet and dive into counting and number recognition through interactive games that build confidence and curiosity. Please bring a **peanut-free snack** for your child.

GLOBAL VOYAGERS (AGES 3-5 YEARS) (HVY)

Let's explore the world together! In this class your child will learn about different countries and cultures through crafts, music, food and play! Please note that there will be peanut-free snacks introduced occasionally. We are excited to take an amazing global voyage together!

MUSICAL HOLIDAY MEMORIES (AGES 3-5 YEARS) (HVY)

Some of our best childhood Holiday memories come from music. In this class, your child will learn basic musical notes to make their own song! We will incorporate instruments, crafts and stories to go with our musical theme of the day. Your child will perform a Holiday concert for grownups on the last day of class to showcase their musical talents!

PRESCHOOL READINESS (AGES 3-5 YEARS) (HVY)

Looking for a longer class experience? This program helps prepare children for preschool through engaging social and educational activities all while incorporating the structure and schedule of a preschool day. Please pack a **peanut-free snack** for your child.

SENSORY SCIENTISTS (AGES 3-5 YEARS) (HVY)

This class will combine science and sensory exploration to give your child the opportunity to discover the world around them using all five senses. We will dive into a variety of sensory activities while we explore, experiment, build, create, and learn through hands-on fun.

THE LUNCH BUNCH (AGES 3-5 YEARS) (HVY)

Eating lunch with friends is fun—and helps build healthy habits! This “extended stay” option allows your child to enjoy lunch with friends in a classroom setting while developing self-help and social skills. After lunch, we’ll enjoy crafts, stories, and music. Please pack a **peanut-free lunch** for your child.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Busy Bees	HVY	2-3 years	M	9:00 AM	10:30 AM	\$43	\$65
Cold Weather Creatures	HVY	3-5 years	M	9:00 AM	10:00 AM	\$39	\$65
Sensory Scientists	HVY	3-5 years	M	10:15 AM	11:45 AM	\$49	\$76
Just for 2's	HVY	2 years	M	10:45 AM	11:30 AM	\$34	\$60
The Lunch Bunch	HVY	3-5 years	M	NOON	2:30 PM	\$73	\$98
Just for 2's	HVY	2 years	T	9:00 AM	9:45 AM	\$34	\$60
Foundations of Early Learning!	HVY	3-5 years	T	9:00 AM	11:30 PM	\$73	\$98
Creative Caterpillars	HVY	2-3 years	T	10:00 AM	11:00 AM	\$39	\$65
Stepping Stones to Preschool	HVY	2-3 years	W	9:00 AM	11:00 AM	\$64	\$87
Preschool Readiness	HVY	3-5 years	W	9:00 AM	11:30 PM	\$73	\$98
Just for 3's and 4's	HVY	3-4 years	TH	9:00 AM	10:00 AM	\$39	\$65
Busy Bees	HVY	2-3 years	TH	9:00 AM	10:30 AM	\$49	\$76
Musical Holiday Memories	HVY	3-5 years	TH	10:15 AM	11:45 AM	\$49	\$76
Holiday Rhythm & Sounds	HVY	2-3 years	TH	10:45 AM	11:45 AM	\$39	\$65
The Lunch Bunch	HVY	3-5 years	TH	NOON	2:30 PM	\$73	\$98
Just for 2's	HVY	2 years	F	9:00 AM	9:45 AM	\$34	\$60
Global Voyagers	HVY	3-5 years	F	9:00 AM	11:30 AM	\$73	\$98
Creative Caterpillars	HVY	2-3 years	F	10:00 AM	11:00 AM	\$39	\$65

HEART OF THE VALLEY WORKSHOPS (AGES 3-5 YEARS)

THANKFUL CHEFS (3-5 YEARS) (HVY)

Who's ready to make a Thanksgiving treat? In this workshop your little chef will make no-bake mini pumpkin pies. We will also incorporate a Thanksgiving craft and story. We will be so thankful to have your child join us!

CRAFTY REINDEER (3-5 YEARS) (HVY)

In this jolly workshop your child will have fun making a festive ornament, singing carols, and playing with friends. We will also enjoy a yummy Christmas treat to celebrate the season! This workshop will surely be Merry and Bright!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Thankful Chefs November 11th	HVY	3-5 years	W	12:30 PM	2:30 PM	\$20	\$25
Crafty Reindeer December 9th	HVY	3-5 years	W	12:30 PM	2:30 PM	\$20	\$25

NEENAH-MENASHA YMCA CHILDRENS CLASSES (AGES 2-5 YEARS)

LET'S GET MOVIN' AND/OR LET'S KEEP MOVIN' (AGES 2-3 YEARS) (NMY)

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker. If this is your child's first class or they are apprehensive, parents are encouraged to stay and participate. If your child has extra energy to burn, register for both Tuesday and Thursday sessions!

BEYOND PLAY (AGES 2-4 YEARS) (NMY)

Packing fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying story time and a sing-along with instruments around the piano.

FALL FRIEND-ZY (AGES 2-4 YEARS) (NMY)

Let's sprout and grow kindness with our Y friends this spring! Children will learn about friendship, belonging and create community through stories, songs, art, games, and large motor-interactive play.

PRESCHOOL READINESS (AGES 3-5 YEARS) (NMY)

Thinking about sending your child to preschool soon? In this class, your child will engage in various social and educational activities to help prepare them for a preschool environment, including small group activities, singing together, free play and art projects. Think ... preschool on a smaller scale!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Beyond Play	NMY	2-4 years	M	9:00 AM	10:30 AM	\$50	\$76
Let's Get Movin'	NMY	2-3 years	T	9:30 AM	10:30 AM	\$39	\$65
Preschool Readiness	NMY	3-5 years	T	9:30 AM	10:30 AM	\$39	\$65
Fall Friend-zy	NMY	2-4 years	W	9:00 AM	10:30 AM	\$50	\$76
Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Keep Movin'	NMY	2-3 years	TH	9:30 AM	10:30 AM	\$39	\$65